



*Exploring Your Options, and Supporting Your Decisions.*

# ANNUAL REPORT



# 2025

# Our Commitment to Truth & Reconciliation

*We acknowledge that Envision Counselling and Support Centre operates on the traditional territories of the Cree, Saulteaux, Dakota, Nakota, and Lakota peoples, and the homeland of the Métis Nation, under Treaties 2 and 4.*

*We recognize the historical and ongoing presence of Indigenous peoples on these lands and honour their deep-rooted connection to the land, language and spirit.*

*At Envision, we are committed to walking a path of reconciliation by creating safe, inclusive, and culturally grounded spaces. We strive to listen, to learn, and to act in ways that uphold Indigenous voices, truths, and resilience.*

*With deep gratitude, we honour the First Peoples of these lands and commit ourselves to nurturing relationships built on mutual respect, responsibility, and a collective journey toward healing, equity, and shared well-being.*



"Wellness from an Indigenous perspective is a whole and healthy person expressed through a sense of balance of spirit, emotion, mind and body."



# Agenda



## **1.Call to Order**

## **2.Welcome, Introductions and Land Acknowledgement**

a) Special Presentation by Emilee Steffensen

## **3.Adoption of Agenda**

## **4.Approval of the June 2024 AGM Minutes**

## **5.Auditors' Report - Highlights - MNP (Displayed Electronically)**

\*A digital copy of the 2024-2025 Audited Financial Statement is available upon request\*

## **6.Funding Representatives**

## **7.Board of Directors**

a) Board Address

b) Re-election of Board Members

c) Nomination of New Board Members

d) Executive Nominations

e) Board Member Retirement

## **8.Envision Report & Statistics Overview**

## **9.New Business**

a) Nomination of Auditors for Next Fiscal Year (2025-2026)

b) Presentation by Trina Battersby

## **10.Adjournment**

**Thank you for joining us!**



# 2024 AGM Minutes

**VISION:** Supported, empowered, and connected individuals throughout all communities in Southeast Saskatchewan.

**MISSION:** To provide inclusive supports that nurture healing, resilience, and positive change.

## 2024 ANNUAL GENERAL MEETING MINUTES

DATE: Wednesday, June 19th, 2024 @ 6:00pm

LOCATION: Weyburn Credit Union Community Room

Present: A total of 42 people attended the 2024 AGM: 31 Staff, 7 Board Members, and 4 Guests were in attendance.

Board Members include: Ann Favreau, David Wakefield, Sean Purdue, Roberta DeRosier, Sarah Satre and Teresa LaFoy.

Board Member Regrets: Naomi Berg, Brian Fornwald, Barb Wright, Brent VanDeSype and Aimee Haralson

Guests: Olena Volokh - Ministry of Social Services, Stephanie Cavers - Ministry of Justice, Tyler Hengen - MNP and Marna McManus - Discover Weyburn.

1. The 2024 AGM was called to order @ 6:05 pm (by: Ann Favreau)

2. Welcome/Land Acknowledgements/Introductions:

- Ann Favreau opened the meeting with a welcome and the following Land Acknowledgement:

“We acknowledge that we meet today as part of Envision Counselling and Support Centre which has offices on Treaty 2 and Treaty 4 territories. These are the traditional territories of the Cree (Nêhiyawak), Saulteaux (Nahkawé), Nakota, Dakota, Lakota, and the Métis. We respect and honour the Indigenous communities whose land we are on. We also acknowledge the harms of the past and commit to moving forward in the spirit of reconciliation and collaboration.”

- Introduction of all in attendance.

3. Adoption of the Agenda:

MOTION 1: To Accept the agenda as presented.

Motioned by: Sarah Satre

Seconded by: David Wakefield CARRIED

4. Approval of the June 2023 AGM Minutes

MOTION 2: To approved the June 2023 AGM Minutes as presented.

Motioned by: David Wakefield

Seconded by: Teresa LaFoy CARRIED

5. Auditor's Report – The Auditors final report was presented by Tyler Hengen from MNP. Tyler highlighted the year overall and noted any major changes.

MOTION 3: To Accept the Auditors Report as presented.

Motioned by: Teresa LaFoy

Seconded by: Sean Purdue CARRIED

6. Funding Representatives:

Olena Volokh from the Ministry of Social Services brought greetings from the Ministry and extended their appreciation for the partnership they have with Envision.

Stephanie Cavers from the Ministry of Justice brought greetings from the Ministry and highlighted the importance and impact that Envision has in Southeast Saskatchewan.

## 7. Board of Directors:

- Board Address to Staff: Ann Favreau expressed the Board's gratitude to the staff and management for their endless dedication to Envision. Ann is retiring from the board and highlighted the impact of what it has meant to her being involved in this organization over the years.

- Re-election of Board Members, 2- year term:

- o Roberta DeRosier (2020) and Sarah Satre (2022) have let their names stand to be re-elected to the Board.

MOTION 4: To re-elect Board Members; Roberta DeRosier and Sarah Satre to another 2-year term.

Motioned by: David Wakefield

Seconded by: Sean Purdue CARRIED

- Nominations of new Board Member: (starting June 2024) John Mohan was presented by the Nomination Committee to be voted onto the board.

MOTION 5: To elect John Mohan to a 2-year term.

Motioned by: Sarah Satre

Seconded by: Teresa LaFoy CARRIED

- Executive Nominations:

Sarah Satre nominated Roberta DeRosier as Chairperson.

Vice Chairperson: open seat at this time.

David Wakefield nominated Sean Purdue as Treasurer.

Sarah Satre nominated Teresa LaFoy as Secretary.

MOTION 6: To accept all Executive Nominations as presented.

Motioned by: Teresa LaFoy

Seconded by: Sarah Satre CARRIED

- Board Member Retirement:

Roberta DeRosier gave farewell to Ann Favreau. Roberta expressed the Board's profound appreciation of Ann's passion, knowledge and expertise that she brought to the board. Roberta noted what a great role model Ann has been to her and all.

## 8. Envision Report and Statistics Overview:

- Roberta invited Ann to review the report (see pages 7 & 8 in the Annual Report booklet).

- Laura Melle, Director of Operations, gave a brief overview of the programming and overall statistics for the 2023-2024 fiscal year. (see pages 11 & 12 in the Annual Report booklet)

MOTION 7: To approve the reports as presented.

Motioned by: Sean Purdue

Seconded by: David Wakefield CARRIED

## 9. New Business:

- Nomination of Auditors for the Next Fiscal Year (2024-2025)

MOTION 8: To retain Meyers Norris Penny (MNP) as auditors for the 2024-2025 fiscal year.

Motioned by: Sarah Satre

Seconded by: David Wakefield CARRIED

- Amendment to Bylaws

- o Roberta gave a brief overview of the bylaws and changes that were made this past year.

MOTION 9: To accept the amended Bylaws as presented.

Motioned by: Teresa LaFoy

Seconded by: Sean Purdue CARRIED

- Envision Presentation "Rapid Access Counselling for Children, Youth and Their Caregivers" Presented by: Shania and Chloe

- Strategic Plan Presentation: presented by Robert and Lynda

- o Lynda gave a brief overview of the changes to our STRAT plan; input to this plan was a group effort and involved staff, management and board.

## 10. Adjournment

Motion 10: To adjourn the AGM meeting at 7:00p.m.

Motioned by: Teresa LaFoy







# About Us



Envision Counselling and Support Centre provides therapeutic counselling and support, crisis intervention, in-home services, groups, workshops and education that help individuals, families and couples to feel empowered and content.

Envision believes in client-centered counselling, emphasizing engaging clients' strengths. This means our clients decide what issues they will work on. Envision counsellors won't force clients to do something they're not ready for.

## ***Counselling is available for:***

- Survivors and secondary survivors of abuse, violence and sexual assault
- Children (aged 5 – 18), including those who have witnessed violence
- Individuals and families experiencing an event or situation that is overwhelming or traumatic including anxiety, grief & loss, etc.
- Couples
- Stalking and harassment victims
- Individuals exposed to human trafficking or sexual exploitation
- Children, youth and their caregivers




## **Our Strategic Priorities**

The following five interrelated, mutually supportive strategic priorities are at the heart of our Strategic Plan:

1. Developing and delivering essential programming and services
2. Strengthening networking opportunities
3. Building staff capacity and expansion
4. Increasing financial supports and maintaining financial stability
5. Providing excellence in governance

# Our Vision



Supported, empowered, and  
connected individuals throughout  
all communities in Southeast  
Saskatchewan.



**VISION**

**MISSION**

**STRATEGY**

**VALUE**

# Our Mission

To provide inclusive supports  
that nurture healing, resilience,  
and positive change.

# Our Guiding Principles

Our values provide the guiding principles and beliefs that shape our behaviours, decision-making processes, actions, and the delivery of programs and services that meet the needs of our community, citizens, and stakeholders.

**Inclusive:** We provide a compassionate, non-judgemental environment, accessible to all. We respect and honour diversity.

**Integrity:** We ensure reliability, transparency, honesty, accountability, and confidentiality are held in the highest regard.

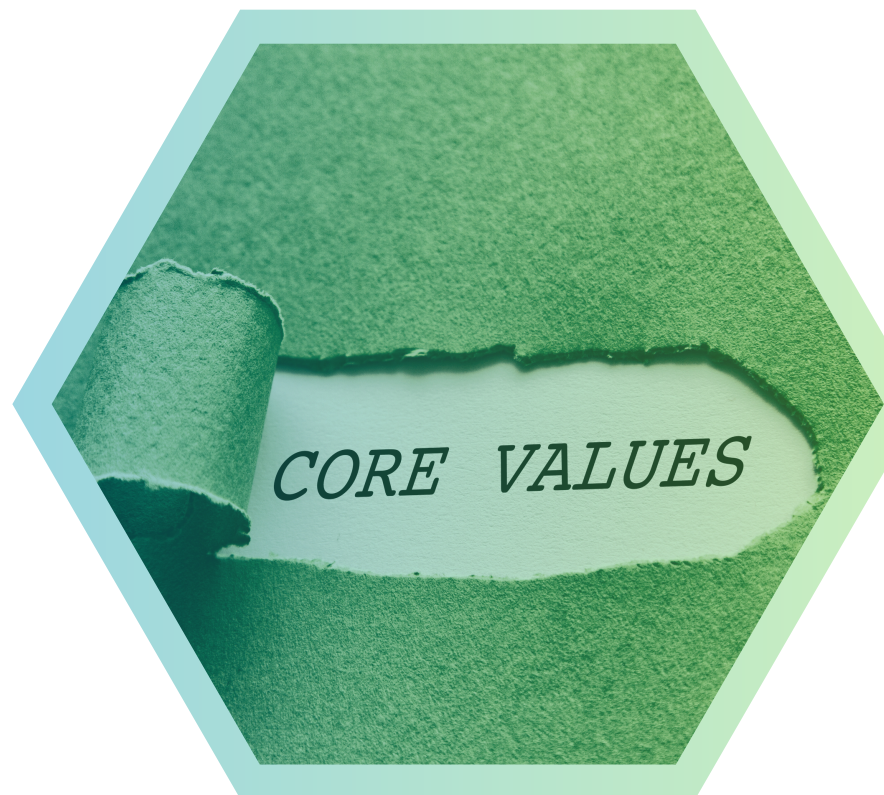
**Committed:** We are committed to providing consistent and strength-based support services that foster change and growth.

**Innovative:** We strive to develop solutions to meet the needs of the communities we serve by being collaborative, inventive, adaptable, and flexible.

**Wellness:** We promote self-care, personal awareness and boundary-setting to encourage harmony in life.

**Knowledgeable:** We challenge each other to continually learn and share knowledge to foster change and growth.

***We will always act  
keeping these values  
and beliefs in mind.***



*"We are committed to walking alongside our communities, providing support, compassion, and resources to help individuals heal, grow, and thrive on their journey to wellness."*



# Our Directors



**Aimee Haralson** (2019)  
Nominations Committee



**Roberta DeRosier** (2020)  
Chairperson  
Ex Officio on All Committees



**Sean Purdue** (2021)  
Treasurer  
Audit & Finance Committee Chair



**Brent Van De Sype** (2021)  
Member at Large  
Nominations Committee Co-Chair



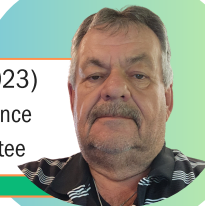
**Sarah Satre** (2022)  
Member at Large  
Nominations Committee Chair



**Barb Wright** (2023)  
Member at Large  
Policy & Governance Committee Chair



**David Wakefield** (2023)  
Member at Large  
Audit & Finance Committee



**Brian Fornwald** (2023)  
Member at Large, Audit & Finance  
+ Policy & Governance Committee



**Teresa LaFoy** (2023)  
Secretary



**Naomi Berg** (2024)  
Member At Large



**John Mohan** (2024)  
Member at Large  
Policy & Governance Committee



**Lynda Rideout**  
Executive Director



**Laura Melle**  
Director of Operations

L<sub>2</sub> E<sub>1</sub> A<sub>1</sub> D<sub>1</sub> E<sub>1</sub> R<sub>1</sub> S<sub>1</sub> H<sub>2</sub> I<sub>1</sub> P<sub>4</sub>




# Directors' Report

It is with deep gratitude and honour that we present this year's Director's Report on behalf of the Board of Directors, Executive Director, and Director of Operations of Envision Counselling & Support Centre Inc. As a longstanding pillar of support across Southeast Saskatchewan, we remain steadfast in our commitment to collaborative efforts that empower individuals and foster healthier communities—communities free from violence and rooted in mental wellness.

Over the past year, we deepened our community engagement through events like the Family Expo in Estevan, White Bear Wellness Fair, Weyburn Communithon, and Estevan United Way Telethon. Envision played an important role in the planning and delivery of the Courage and Community Mental Health Dinner and joined the Mayor's Luncheon in Weyburn, further building our local presence. In response to rising suicide rates, we joined the Southeast Hub Steering Committee to help develop a regional action plan, resulting in a coordinated media campaign highlighting mental health supports and promoting our services. We also supported national and provincial initiatives, amplifying vital messages around healing, safety, and resilience.

Our reach continues to grow to meet the evolving needs of our service area. This year, we established a regular counselling presence at Bear Claw Casino and expanded our delivery of workshops and presentations to Indigenous communities, including Ocean Man, White Bear, and Pheasant Rump Nakota First Nations. Our Oxbow office relocated to its new home within the RM of Enniskillen's Wellness Centre, and our Family Support team in Weyburn established a satellite office in the Metro Centre, increasing accessibility to vital supports. Significant investments continue to be made in staff development, resulting in enhanced quality and consistency of care. Training provided to our team included specialized training in Violent Threat Risk Assessment (VTRA), Sand Tray Therapy, Suicide Protocols, Trauma-Infused Anti-Racism, De-escalation Techniques, Professional Boundaries, and Grief Counselling.

Throughout the year, Envision staff facilitated presentations, groups, and workshops for a wide variety of partners including Southeast Regional College, SHA, libraries, minor sports associations, schools, and newcomer family programs. We facilitated another successful Women's Empowerment Group and piloted a men's support group in Weyburn, in collaboration with a local private counsellor, and continue to build strong, values-aligned relationships with agencies such as EPYC, the Estevan and Weyburn Chambers of Commerce, and the United Way.



This year, we strengthened our communications and public engagement through media training, an all-staff marketing session, and the creation of a promotional video with Access Regina. We also began updating media protocols and messaging guidelines. With the addition of a Fundraising Specialist, we're now exploring fresh campaign ideas in collaboration with local media and community partners.

Ongoing infrastructure improvements have been a priority, with renovations made in both the Carlyle and Weyburn offices to better support client and staff needs. Our leadership continues to be represented in provincial networks through participation in strategic planning with PATHS and Family Service Saskatchewan, helping to shape the future of service delivery on a broader scale.

Throughout the year, our organization demonstrated exceptional fiscal management, ensuring that every dollar entrusted to us was used efficiently and transparently to further our mission. By implementing rigorous budgeting practices, closely monitoring expenditures, and pursuing strategic cost-saving initiatives, we maximized the impact of donor contributions while maintaining full compliance with financial regulations. Our commitment to accountability and stewardship was further reflected in our clean audit results and strengthened financial reserves, positioning us for continued stability and growth in the years ahead.

As we reflect on this year's accomplishments, we are deeply thankful for the unwavering support of our clients, communities, staff, and funding partners. It is through these collective efforts that we continue to foster safety, dignity, and healing. We look ahead with hope and determination as we strive to make meaningful and lasting impacts across Southeast Saskatchewan.

*Respectfully Submitted,*

Board of Directors: Roberta DeRosier, Sean Purdue, Aimee Haralson, Teresa LaFoy, Brent Van De Sype, David Wakefield, Brian Fornwald, Sarah Satre, Barb Wright, Naomi Berg, and John Mohan

Executive Director: Lynda Rideout  
Director of Operations: Laura Melle

Envision Counselling & Support Centre Inc.



# Staff Milestones

## 15 Years

»»» **Lynda Rideout**  
Executive Director

*Truly  
Grateful  
for you.*

## 10 Years

»»» **Angela Milleker**  
Counsellor

We extend our sincere appreciation to the dedicated team members who celebrated service milestones with our agency this year. Your commitment, compassion, and loyalty continue to strengthen the work we do and the impact we make in our communities.

***Thank you for being an essential part of  
our mission.***

## 5 Years

»»» **Cassandra Sonnichsen**  
Counsellor

»»» **Christie Sinclair**  
Family Support  
Worker

»»» **Crystal Driedger**  
Administrative  
Assistant-Finance

»»» **Raven Daer**  
Communications  
Specialist

»»» **Tania Smith**  
Family Support  
Development Specialist

# ***Statistics Overview***

## ***&***

### ***Geographical***

#### ***Reach***



# Statistics Overview

*During the 2024-2025 Fiscal Year, our team proudly...*

Provided **5343**  
counselling sessions.



Supported **1782** active clients.



Provided **323** therapeutic counselling  
sessions to children who have been  
exposed to violence.



Had **2794** followers  
on social media.







Received **56,673** website visits.

Facilitated **115** groups and workshops.



Drove **207,194** km and worked **8,583.60** hours to support clients within our Family Support Program.

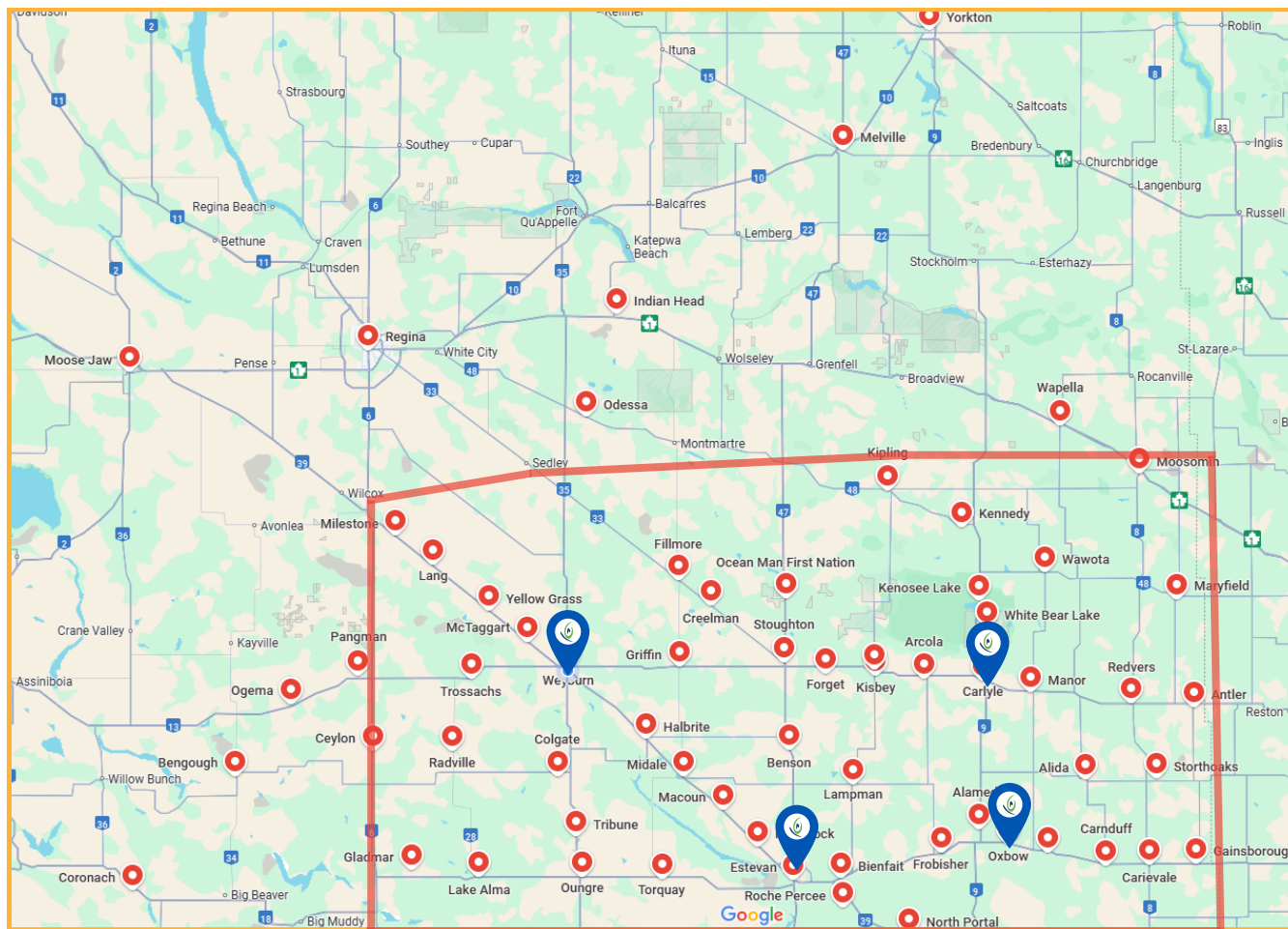


Provided **389** therapeutic counselling sessions through our new Children, Youth and their Caregivers Rapid Access Counselling program.

Provided **132** sessions including counselling, presentations, lunch & learns and youth engagement activities through our partnership with Pheasant Rump First Nation.



# Our impact across the Southeast...



Envision's geographical area spans approximately 28,700 square kilometers, with a total population in excess of 50,000 individuals.

*(as per Stats Canada 2021 Census of Population - shown in red)*

## Other Supported Locations:

- Bengough
- Indian Head
- Melville
- Ogema
- Coronach
- Prince Albert
- Regina
- Saskatoon
- Yorkton
- Moose Jaw

*This includes Rapid Access virtual sessions offered from outside our area as required by service providers across the province.*

# Testimonials



"Weyburn's Envision has the most caring staff. My counsellor Angela always makes me feel really heard and understood. There hasn't been a time where I've felt judged by her. Having her to talk to has helped me get through one of the darkest stages of my life and truly helped me heal a good amount from what I've been through. I'm able to set good boundaries now, have a voice, and not judge myself the way I used to. She's made a very big impact in my life. Weyburn is very lucky to have Envision Counselling!"



*Counselling Client*



"I feel more supported now than ever before."

*Counselling Client*



"I feel lucky to have had the opportunity to take this eye-opening and informative course, which will be permanently impactful in my life as a parent. This course was life changing. I didn't realize so many easily implementable strategies existed in living in peace with your children during times of conflict."

*Connected Families  
Parenting Group Participant*



"I'm really happy to know that participants are not only engaging in sessions but also connecting with the Counsellor informally and finding comfort in her presence on site."

Accessibility and approachability are such key pieces in making mental health support feel safe and welcoming, so hearing that this model is resonating with folks is incredibly encouraging."



*Partnership w/ SIGA - Bear Claw Casino*



"Envision has been so helpful, it has shown me that I'm not alone and it has been very eye opening. It made me more confident in myself but also my decisions. I'm so grateful."

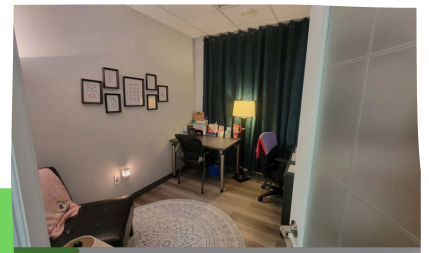
*Counselling Client*





# Highlights &

## New Flooring in Weyburn!



## Relocated Oxbow Office to the R.M. of Enniskillen Wellness Centre



## 2024 AGM



## 30<sup>th</sup> Anniversary Celebrations





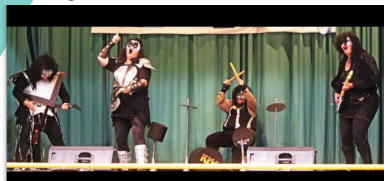
# Happenings

## SASS Network Meeting - Lotus Painting - SVPM 2024

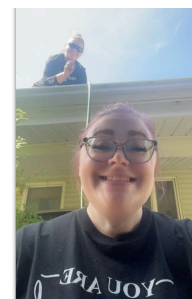


## Royal LePage Garage Sale for Shelter

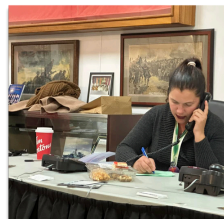
## Weyburn Communithon



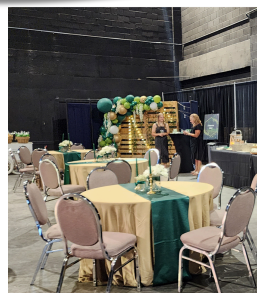
## Estevan United Way Day of Caring



## Estevan Telethon



## SSCF Friendraiser



## Estevan Family Centre Mental Health Expo

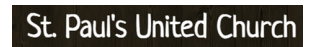




# Donor Spotlight



Rural Municipality of Griffin No. 66



"The greatness of a community is most accurately measured by the  
compassionate actions of its members."



Thank

# Donor Spotlight



— Coretta Scott King

*You!!*





# Community & Network Partnerships



# Funding & Grants...

Envision Counselling and Support Centre receives funding from the Saskatchewan Ministry of Social Services, Saskatchewan Ministry of Justice, Department of Justice Canada, United Way of Estevan, United Way Regina, Affinity Credit Union, Community Initiatives Fund, Access Communications Children's Fund, South Saskatchewan Community Foundation, and the community.



Saskatchewan  
Ministry of  
Social Services



Government  
of  
Saskatchewan



Department of Justice  
Canada

Ministère de la Justice  
Canada



United Way  
Regina and Estevan



Donations from private groups, organizations, corporations or individuals are gratefully accepted to assist Envision in serving communities in Southeast Saskatchewan.

We appreciate monthly sponsorship or one-time donations. Donate now through CanadaHelps, which processes secure, online donations on behalf of Canada's 80,000 registered charitable organizations. Each donation of \$25 or more will receive an official electronic tax receipt emailed within minutes of making a donation. For any questions you may have regarding CanadaHelps please see their FAQs or visit the CanadaHelps website.

## How You Can Help...

DONATE ♥




SCAN HERE



## *Stay connected with us...*

### **Weyburn**

120 3rd Street South  
Weyburn, SK  
S4H 2C2  
 306-842-8821

### **Estevan**

Box 511  
Estevan, SK  
S4A 2A5  
 306-637-4004

### **Carlyle**

Box 1017  
Carlyle, SK  
S0C 0R0  
 306-453-2405

### **Oxbow**

BOX 511  
Estevan, SK  
S4A 2A5  
 306-637-4004

**Fax # 306-634-4229**

*All calls are confidential.*

*Collect calls accepted. We do not subscribe to call display.*



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