

*Exploring your options,
and supporting your decisions*

2026 ANNUAL REPORT

25-26 FISCAL YEAR

*Walking alongside individuals as they rediscover their strength,
build resilience, and move toward healing and hope.*

AGENDA

2026

1. Call to Order

2. Welcome & Introductions

3. Adoption of Agenda

4. Approval of the June 2025 AGM Minutes

5. Auditors' Report - Highlights - MNP

(Displayed Electronically)

6. Funding Representatives - Olena Volokh, MSS

7. Board of Directors

- a) Board address to staff
- b) Re-election of board members
- c) Nomination of new board members
- d) Executive nominations
- e) Retirement of board member

8. Envision Report & Statistics Overview

9. New Business

- a) Nomination of auditors
- b) Bylaw amendments
- c) Staff anniversary acknowledgement
- d) Brief presentation - Violence Against Women Victim Advocacy Case Review (VACR)

Thank you for joining us!

OUR COMMITMENT TO TRUTH & RECONCILIATION



We acknowledge that Envision Counselling & Support Centre Inc. operates on the traditional territories of the Cree, Saulteaux, Dakota, Nakota and Lakota peoples, and the homeland of the Métis Nation, under Treaties 2 and 4.

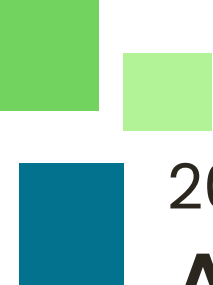
We recognize the historical and ongoing presence of Indigenous peoples on these lands and honour their deep-rooted connection to the land, language and spirit.

At Envision, we are committed to walking a path of reconciliation by creating safe, inclusive and culturally grounded spaces. We strive to listen, to learn, and to act in ways that uphold Indigenous voices, truths, and resilience.

With deep gratitude, we honour the First Peoples of these lands and commit ourselves to nurturing relationships built on mutual respect, responsibility, and a collective journey toward healing, equity and shared well-being.



Indigenous wisdom reminds us: wellness is connection.



2025

AGM MINUTES

VISION: *Supported, empowered, and connected individuals throughout all communities in Southeast Saskatchewan.*

MISSION: *To provide inclusive supports that nurture healing, resilience, and positive change.*

2025 Annual General Meeting Minutes

Western Star Hotel – Estevan, SK | June 18, 2025 | 6:30pm

Present: A total of 41 people attended the 2025 AGM: 24 Staff, 9 Board Members, and 8 Guests were in attendance.

Board Members include: David Wakefield, Sean Purdue, Roberta DeRosier, Sarah Satre, Brian Fornwald, John Mohan, Barb Wright, Aimee Haralson, and Teresa LaFoy.

Guests: Emilee Steffensen (+ 2 guests), Olena Volokh - Ministry of Social Services, Angela Stepp – MNP, Gwen Paterson and Tyler Hillstead.

1. The 2025 Annual General Meeting was called to Order at (6:30 PM) (Roberta DeRosier)

2. Welcome/Land Acknowledgements/Introductions: Roberta DeRosier

- Roberta welcomed all in attendance. Special guest, Emilee Steffensen, a local Indigenous artist, created a beautiful piece of art for our offices to acknowledging our commitment to Truth & Reconciliation. Emilee gave the following description and representation of her art;

o This Visual Land Acknowledgment is a reflection of spirit, a bridge between worlds a visual story woven with threads of truth, respect, and hope. It speaks not only to the land beneath our feet, but to the heartbeat of the people who walk upon it. It is a testament to connection, to healing, and to the journey we walk together in the name of reconciliation. When I created this piece, I thought of the sacredness of the land, of its stories, and of the ancestors who continue to whisper through the trees and the wind. I thought of the people those seeking healing, and those offering it and I wanted this artwork to honour them all. At the core of this piece are the Seven Grandfather Teachings, each one a sacred truth that guides our way of being: • Courage, carried by the bear, reminds us of the quiet strength it takes to face our fears, to ask for help, and to keep going. It mirrors the bravery of every person who walks through Envision's doors, and of the hearts who hold space for them. • Love, lifted on the wings of the eagle, speaks to compassion in its purest form the kind that nurtures, heals, and reminds us we are never alone. • Respect, embodied by the bison, reflects the dignity with which Envision meets each person's story, honouring their path and the sacredness of their truth. • Honesty, shown by the sasquatch, calls us to be real with ourselves, and with each other. In a world that often silences pain, honesty is a profound act of courage. • Wisdom, symbolized by the beaver, lives in every moment of understanding and shared experience, reminding us that healing is not just a destination, but a process of learning together. • Humility, carried by the wolf, teaches us that we are not meant to walk this life alone. It is in togetherness that we find our strength. • And Truth, grounded in the turtle, weaves all the teachings together. It is the root of everything. In safe, sacred spaces like Envision, truth becomes the beginning of transformation. Surrounding these teachings are prairie lilies and wheat, honouring the land that has nourished generations. At the heart lies the medicine wheel, a sacred symbol of balance of mind, body, emotion, and spirit. This is the balance Envision helps people reach for every single day.

The vines and berries woven throughout speak to the relationships that flourish when we care deeply for each other, for our communities, and for the Earth. This land acknowledgment is meant to live and breathe with those who pass by it. It is a visual promise a daily reminder that Indigenous voices, stories, and presence matter deeply here. Thank you, Envision, for choosing to honour that truth in such a bold and beautiful way. It has been a sacred honour to create this piece, and I hope it stirs reflection, sparks conversation, and invites connection each time it is seen. -EMILEE STEFFENSEN

- The following Land Acknowledgement was given by Emilee:

“We acknowledge that Envision Counselling and Support Centre operates on the traditional territories of the Cree, Saulteaux, Dakota, Nakota, and Lakota peoples, and the homeland of the Métis Nation, under Treaties 2 and 4.

We recognize the historical and ongoing presence of Indigenous peoples on these lands and honour their deep-rooted connection to the land, language and spirit.

At Envision, we are committed to walking a path of reconciliation by creating safe, inclusive, and culturally grounded spaces. We strive to listen, to learn, and to act in ways that uphold Indigenous voices, truths, and resilience.

With deep gratitude, we honour the First Peoples of these lands and commit ourselves to nurturing relationships built on mutual respect, responsibility, and a collective journey toward healing, equity, and shared well-being.

- Introduction of all in attendance proceeded

- Presentation by guest; **Trina Battersby**

o Trina gave a powerful presentation about her path and connection to Envision and encouraged all to think about their own “why”.

Trina Battersby left the meeting

3. Adoption of Agenda

Motion 1: To accept the agenda as presented. Motioned by [Barb Wright](#); Seconded by [Sean Purdue](#). (CARRIED)

4. Approval of the June 2024 AGM Minutes

Motion 2: To approve the June 2024 AGM Minutes. Motioned by [Sarah Satre](#); Seconded by [David Wakefield](#). (CARRIED)

5. Auditor’s Report - MNP – Presented by **Angela Stepp**

- The Auditors final report was presented by Angela Stepp from MNP. Angela highlighted the year overall and noted any major changes.

Motion 3: To approve the Auditors Report as presented. Motioned by [Sean Purdue](#); Seconded by [John Mohan](#). (CARRIED)

6. Funding Representatives

Ministry of Social Services: **Olena Volokh**

-Olena Volokh from the Ministry of Social Services brought greetings from the Ministry and extended their appreciation for the partnership they have with Envision.

7. Envision Board of Directors:

Board Address to Staff:

- Roberta DeRosier expressed the Board's gratitude to the staff and management for their endless dedication to Envision and the difference they make in the communities of Southeast Saskatchewan.
- Lynda presented staff service awards
- Re-Election of Board Members to 2-year terms:
 - **SEAN PURDUE (2021)**
 - **BARB WRIGHT (2023)**
 - **DAVID WAKEFIELD (2023)**
 - **BRIAN FORNWALD (2023)**
 - **TERESA LAFOY (2023)**

Motion 4: To re-elect **SEAN PURDUE & BARB WRIGHT & DAVID WAKEFIELD, TERESA LAFOY & BRIAN FORNWALD** to another 2-year term. Carried by acclamation.

· Nomination of New Board Member {starting June 2025}

- **TYLER HILLSTEAD (2025)**
- **GWEN PATERSON (2025)**

Motion 5: To appoint **TYLER HILLSTEAD & GWEN PATERSON** to a 2-year term. Carried by acclamation.

- Executive Nominations:

Teresa LaFoy nominates **Chairperson** – Roberta DeRosier

David Wakefield nominates **Vice Chairperson** - John Mohan

Sarah Satre nominates **Treasurer** – Sean Purdue

Brian Fornwald nominate **Secretary** – Teresa LaFoy

Motion 6: To accept all executive nominations. Carried by acclamation.

- Retirement of Board Member Aimee Haralson– Roberta thanked Aimee for her time and dedication to the Envision Board.

8. Envision Report and Statistics Overview

- Roberta invited the attendees to read and review the report included in the Annual Report Booklet
- Lynda, Executive Director, provided her Directors Report
- Laura, Director of Operations, provided a brief overview of the programming statistics for the 2024-2025 fiscal year.

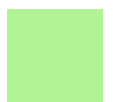
Motion 7: To approve the Reports as presented. Motioned by Brian Fornwald; Seconded by Barb Wright.

9. New Business

- a) Nomination of Auditors for Next Fiscal Year - 2025-2026

Motion 8: To retain MNP as Auditor for the next Fiscal Year 2025-2026. Motioned by John Mohan; Seconded by Sean Purdue.

10. Adjournment: **Motion 9:** To adjourn the meeting at (7:13 PM). Moved by David Wakefield.



Envision believes in client-centered counselling, emphasizing engaging clients' strengths. This means our clients decide what issues they will work on. Envision counsellors won't force clients to do something they're not ready for.

- Survivors and secondary survivors of abuse, violence and sexual assault
- Children (aged 5 – 18), including those who have witnessed violence
- Individuals and families experiencing an event or situation that is overwhelming or traumatic
- Couples
- Stalking and harassment victims
- Individuals exposed to human trafficking or sexual exploitation
- Children, youth and their caregivers

VISION & MISSION STATEMENTS

Vision

Supported, empowered, and connected individuals throughout all communities in Southeast Saskatchewan.



Mission

To provide inclusive supports that nurture healing, resilience, and positive change.



Our Strategic Priorities

The following five interrelated, mutually supportive strategic priorities are at the heart of our Strategic Plan:

1. Developing and delivering essential programming and services
2. Strengthening networking opportunities
3. Building staff capacity and expansion
4. Increasing financial supports and maintaining financial stability
5. Providing excellence in governance

OUR GUIDING PRINCIPLES

We remain guided by these values and beliefs in all that we do.

Our values provide the guiding principles that shape our behaviours, inform our decision-making, and guide our actions in delivering programs and services that meet the needs of our community, citizens, and stakeholders.

Inclusive: We provide a compassionate, non-judgemental environment, accessible to all. We respect and honour diversity.

Integrity: We ensure reliability, transparency, honesty, accountability, and confidentiality are held in the highest regard.

Committed: We are committed to providing consistent and strength-based support services that foster change and growth.

Innovative: We strive to develop solutions to meet the needs of the communities we serve by being collaborative, inventive, adaptable, and flexible.

Wellness: We promote self-care, personal awareness and boundary-setting to encourage harmony within their lives.

Knowledgeable: We challenge each other to continually learn and share knowledge to foster change and growth.



- *We stand with our communities, offering care, understanding, and meaningful resources to support healing, personal growth, and lasting well-being.*
- *Our work centers on supporting our communities with compassion and practical resources that empower individuals to heal, develop, and live well.*
- *We support our communities by offering compassion, guidance, and resources that help people move toward healing and a healthier future.*
- *Through compassionate support and accessible resources, we help individuals in our communities heal, grow, and build sustainable wellness.*



“

Growth is not only measured
by numbers, but by the lives
touched along the way.

Every day, we walk alongside
individuals as they rediscover
their strength, build resilience,
and move toward healing, hope,
and a brighter future.

”



BOARD OF DIRECTORS



Board Chair

Roberta DeRosier
October 2020



Treasurer

Sean Purdue
June 2021

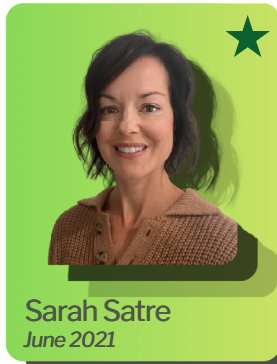


Secretary

Teresa LaFoy
March 2023



Gwen Paterson
June 2025



Sarah Satre
June 2021



Barb Wright
March 2023



Brian Fornwald
March 2023



David Wakefield
October 2023



Vice-Chair

John Mohan
June 2024



Tyler Hillstead
June 2025

“Before you are a leader, success is all about growing yourself.

When you become a leader, success is all about growing others.”

— Jack Welch

Committee Legend:

Policy & Governance Committee - ★ Audit & Finance Committee - ★ Nominations Committee - ★

Thank you for helping grow the people, ideas, and impact that move our mission forward.



DIRECTORS REPORT

This past year has been one of meaningful growth, connection, and continued commitment to supporting the mental health and well-being of individuals and families across Southeast Saskatchewan.

A significant milestone for our organization was planting roots in the community of Estevan with the purchase of our very own building—the former Estevan Mercury. This space has been thoughtfully refreshed into a welcoming, safe, and therapeutic environment. This achievement would not have been possible without the dedication of our staff, the generosity of volunteers, and the support of local businesses who helped bring this vision to life.

We also expanded our reach across the southeast by increasing our presence in new communities. We began operating in Moosomin four days a week and in Rocanville one day a week, improving access to counselling and support services for individuals who may otherwise face barriers to care.

This year, we strengthened our sustainability efforts by welcoming a Fundraising Specialist to our team. Through this role, we successfully launched two new initiatives:

Brewtiful Minds, in partnership with Michael's Coffee Shop & Bakery in Weyburn, Estevan, and Carlyle, creates opportunities for connection and conversation around mental health.

Once a month, our staff are present in these spaces sharing resources, building relationships, and promoting wellness in our communities.

We also introduced Blooming Minds, a partnership with The Estevan Flower Crew. This unique subscription program encourages individuals and businesses to support mental wellness “one bloom at a time.” With each bouquet purchased, a portion is donated directly to Envision, helping fund free and accessible counselling services across the region.

Another highlight was the success of our first-ever Par for a Purpose Golf Tournament. This event not only brought our community together in support of mental health but also demonstrated strong potential for future growth. We extend our sincere thanks to the Weyburn Travelodge for their support and for passing the torch—your guidance helped make this inaugural event seamless and successful.

Our commitment to collaboration and community safety also deepened this year as our staff joined the Violence Against Women Advocacy Case Review (VACR) Team alongside the Estevan and Weyburn Police Services. Through this work, we have begun participating in case reviews, contributing our knowledge while also gaining valuable insights that will strengthen our services and impact moving forward.

None of this work would be possible without our incredible team. We would like to extend our deepest gratitude to our dedicated staff, who show up each day with compassion, professionalism, and a genuine commitment to making a difference.

Your work changes lives.

As we look ahead, we remain focused on growth, collaboration, and ensuring that everyone in our communities has access to the support they need. Thank you to our partners, supporters, and community members for walking alongside us in this important work.

Together, we are creating space for healing, connection, and hope.

Respectfully Submitted,

Envision Board of Directors,
Executive Director & Director of Operations
Envision Counselling & Support Centre Inc.



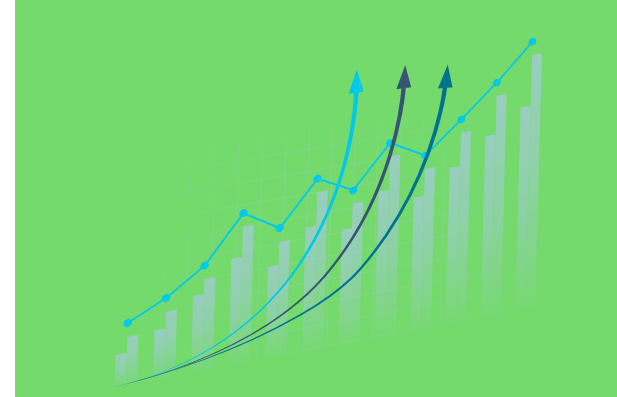
Leading With Vision, Acting With Heart

Lynda Rideout
Executive Director



Laura Melle
Director of Operations

STATISTICS HIGHLIGHTS



124

web submissions received



48

crises and call outs



120

groups, workshops and presentations provided

Counselling Programs Overview



5983

counselling sessions provided.

2091

active clients supported

1489

program referrals received



In The Media

36,313

website views

35,557

social media followers

44

radio interviews

778,007

content views on social media

Family Support Program

174,250

total km driven

423

clients supported

1442

visits provided



12.5%

increase in active clients from previous fiscal year



Family Intervention Program (FIP)

570

active clients

1151

sessions provided



Family Intervention Rapid Support Team

292

active clients

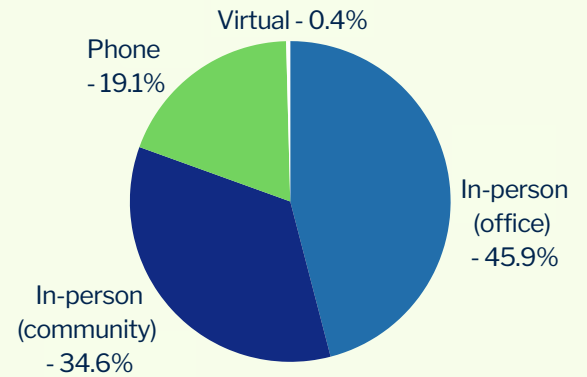
1005

sessions provided

30

crises and call outs

Session Delivery



Children, Youth & Their Caregivers (CYC)

594

sessions provided

13,092

total km driven

Rapid Access Counselling (RAC)

21,714

total km driven



349
days of service

690
clients

in-person

43.3%

by phone

56.7%



Interpersonal Violence and Abuse Program (IVA)

117 active clients

Top 3 presenting issues:

1. adult survivor or child sexual abuse
2. sexual assault
3. family violence

614 sessions

Children Exposed to Violence Program

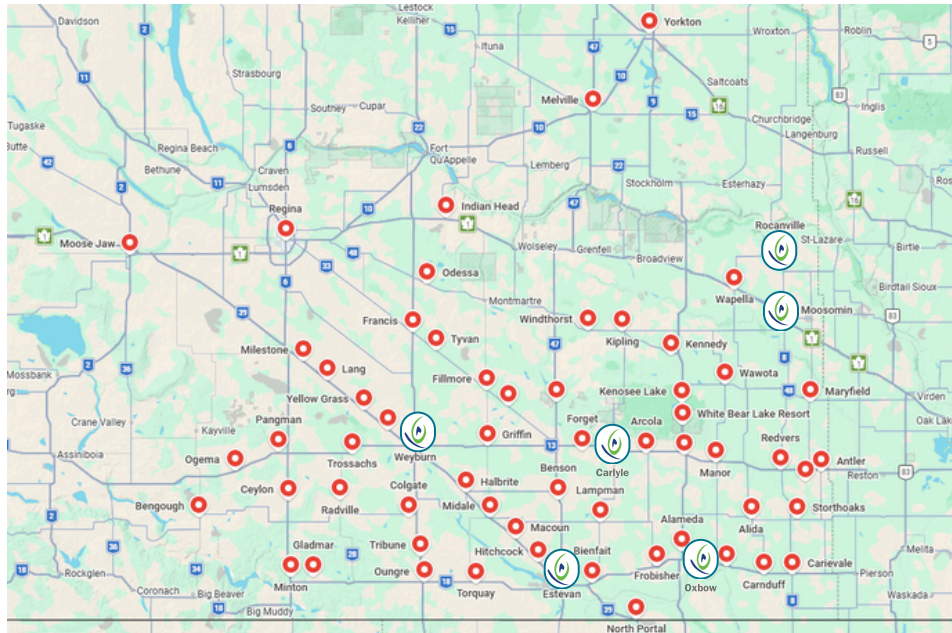
328

sessions provided

57

clients

SERVICE AREA & AGENCY REACH

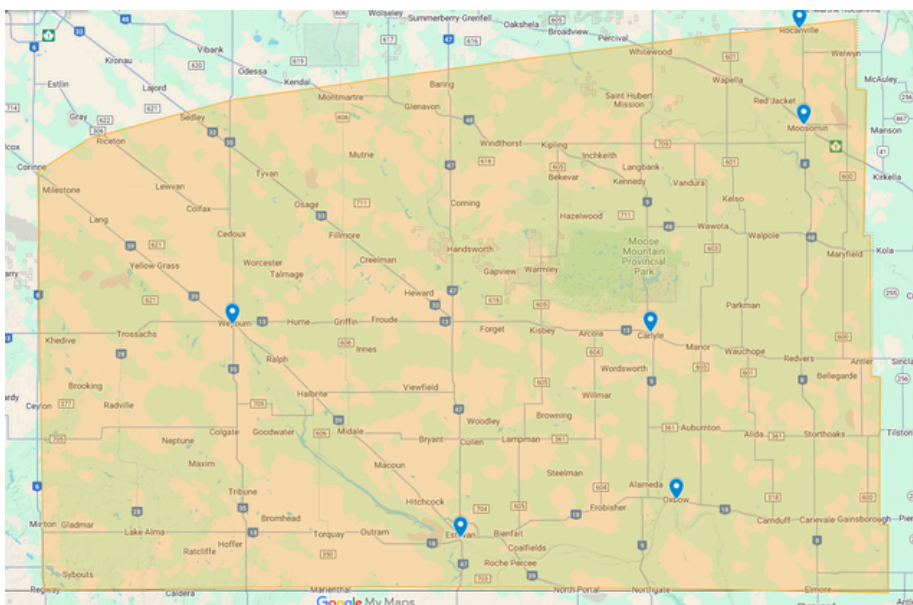


67 communities served across the Southeast.

Extended service reach:

Bengough, Coronach, Indian Head, Melville, Moose Jaw, Odessa, Ogema, Prince Albert, Regina, Regina Beach, Saskatoon, Yorkton

This includes Rapid Access virtual sessions offered from outside our area as required by service providers across the province.



Envision's geographical area spans approximately 28,700 square kilometers, with a total population in excess of 50,000 individuals.

STAFF MILESTONES

10 Years



Elizabeth (Liz) Lambe
FIRST Counsellor

For the past 10 years, Liz Lambe has been a dedicated member of the Envision Counselling & Support Centre team, serving in a variety of roles and making a lasting impact across Southeast Saskatchewan.

As our Family Intervention Rapid Support Team (FIRST) Counsellor in Weyburn, Liz has been instrumental in helping build and grow the program since its inception.

Known for her compassion, energy, and commitment to supporting children, youth, and families, Liz is passionate about helping people navigate challenges, access support, and build brighter futures. Her experience and genuine care continue to make a meaningful difference every day.



“

“An organization’s greatest strength is the people who bring its mission to life every day. Their dedication, compassion, and commitment are the foundation of everything we achieve together.”

”

HIGHLIGHTS & HAPPENINGS





CLIENT TESTIMONIALS



My sessions with Cass have been great and she's been helping me with my emotions and struggles! She spoke with passion & uplifted my spirit after every conversation. I would recommend her and this program to others! Thank you very much!! appreciate your help so much!



Each counsellor I have been appointed with have had bubbly personalities, understanding and willing to give me the resources needed to overcome difficulties.



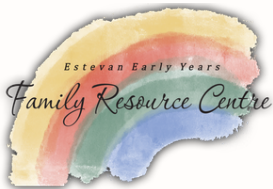
Great environment/atmosphere. Very kind and helpful staff. The space feels private and welcoming.



I feel so fortunate to have an organization such as Envision in our community. The compassion and knowledge of the staff and counsellors are second to none. Thank you for everything you have done for myself, my family and so many others.



COMMUNITY & NETWORK PARTNERSHIPS



FUNDING & GRANTS

Envision Counselling and Support Centre receives funding from the Ministry of Justice, Ministry of Social Services, United Way of Estevan, The Weyburn Communithon Foundation, South Saskatchewan Community Foundation, Community Initiatives Fund and the community.



Donations from private groups, organizations, corporations or individuals are gratefully accepted to assist Envision in serving communities in Southeast Saskatchewan.

We appreciate monthly sponsorship or one-time donations. Donate now through CanadaHelps, which processes secure, online donations on behalf of Canada's 80,000 registered charitable organizations. Each donation of \$25 or more will receive an official electronic tax receipt emailed within minutes of making a donation. For any questions you may have regarding CanadaHelps please see their FAQs or visit the CanadaHelps website.

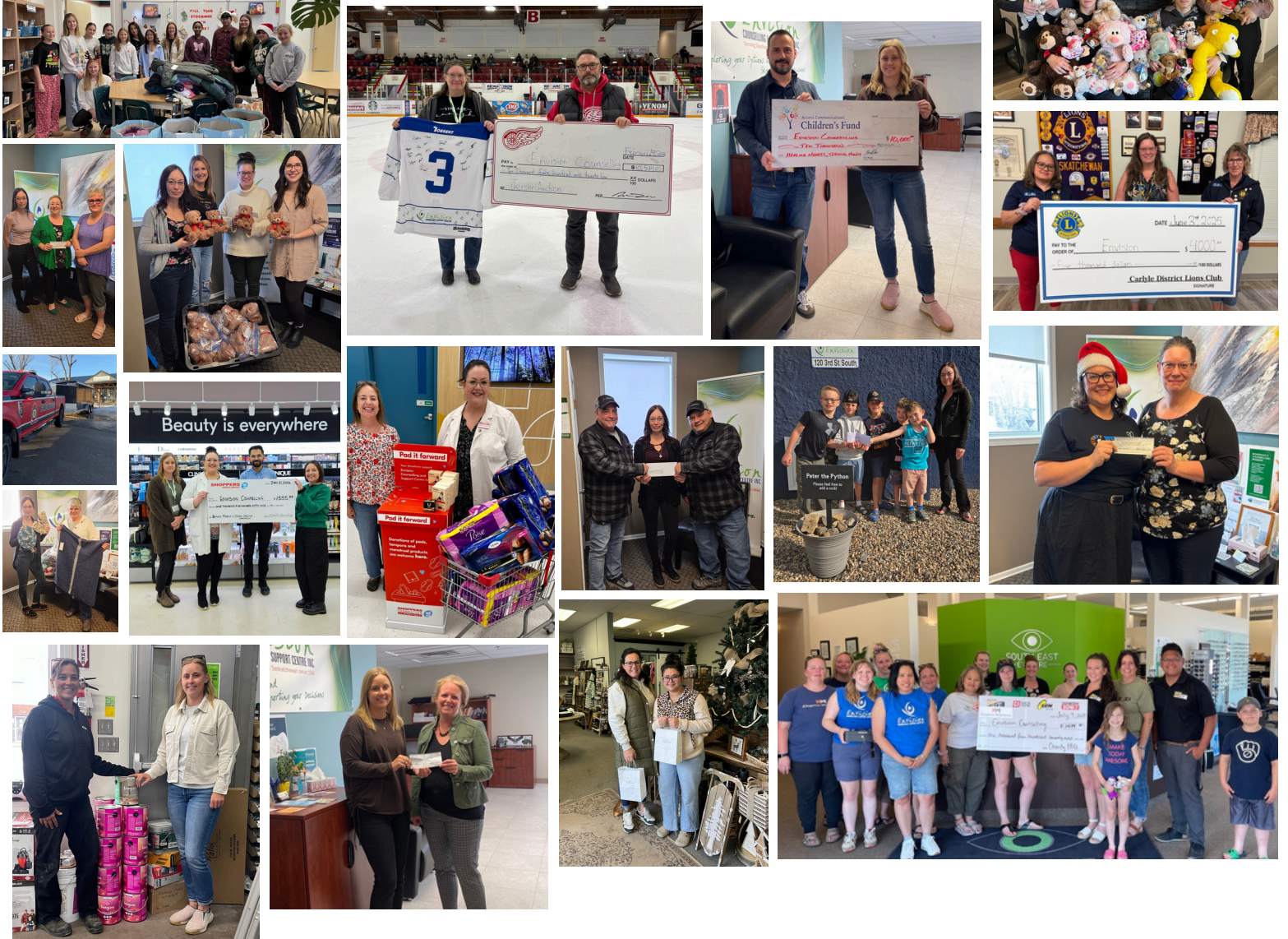


Be a part of our mission.

***You can help by
donating to our
greatest needs fund.***

DONOR SPOTLIGHT

Our donors make healing possible—ensuring no one has to face life's challenges alone.





Estevan

68 Souris Ave.
306-637-4004

Weyburn

120 3rd St. S
306-842-8821

Carlyle

107 Railway Ave. W.
306-453-2405

Oxbow

RM of Enniskillen
Wellness Centre
306-637-4004

Moosomin

#116 640 Main St.
306-453-2405

Rocanville

114 Ellice St.
Rocanville Medical Centre
306-453-2405

Fax

306-634-4229

All calls are confidential.

Collect calls accepted.

We do not subscribe to call display.



SCAN HERE

FIND
US ON:



Website:

www.envisioncounsellingcentre.com

E-mail:

info@envisioncounsellingcentre.com