

Envision Counselling Fills Community Need with EAP/Fee for Service Counselling FOR IMMEDIATE RELEASE

Southeast Saskatchewan – Envision Counselling and Support Centre is excited to announce that they are now able to provide Employee Assistance Program (EAP) counselling in the Southeast as of April 1, 2019. EAP is a voluntary, confidential counselling program that helps employees work through various life challenges.

“Sometimes a person walks in seeking help who does not fit our programming. With this program, we are now able to help these individuals,” says Christa Daku, Executive Director of Envision Counselling and Support Centre. The challenges being faced may negatively impact job performance or personal well-being. EAP is covered by employer insurance when available. For those individuals who do not have employer insurance or do not meet the requirements of other community programs, this service is still available for a reasonable fee.

“This expansion has been in the works for many years. We know this is a service gap that exists in communities throughout the Southeast,” says Daku. “By starting in Estevan and Weyburn, our hope is to limit travel for clients so they do not have to leave the Southeast.” The program offers flexible counselling hours and there are plans to expand.

EAP counselling is short-term and focuses on helping to identify goals and develop an appropriate plan of action to resolve present difficulties. As with other programs offered by Envision Counselling, EAP counselling is client-centered and confidential and individuals will go through the same process when seeking service. After the initial phone call to Envision, an Intake Counsellor will contact the individual in a timely manner and discuss the program in detail.

Envision Counselling and Support Centre is in their 25th year of providing innovative programming and diverse counselling and support services to individuals, couples and families. Individuals looking for more information can find it on Envision’s website at www.envisioncounsellingcentre.com.

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For more information, or interview requests, please contact:

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