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20

# ANNUAL GENERAL MEETING

FIND  
US ON:



**JUNE 18, 2020**

**6:30PM**

**VIRTUAL ZOOM MEETING**

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***Our Vision:*** *We envision all individuals living in a happy, healthy environment.*

***Our Mission:*** *We encourage and support healthy choices in individuals, families and communities in Southeast Saskatchewan by delivering innovative programming, diverse counselling and support services.*

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# Envision Counselling & Support Centre Inc.

## ANNUAL GENERAL MEETING

### AGENDA

1. Call to Order
2. Introductions
3. Adoption of Agenda
4. Approval of the Minutes of 2019 AGM - [June 2019](#)
5. Auditor's Report - [MNP](#)
6. Funding Representatives
7. Envision Reports
  - ⇒ Executive Director Report - [Christa Daku \[p.6\]](#)
  - ⇒ Assistant Executive Director Report - [Lynda Rideout \[p.8\]](#)
  - ⇒ Chairperson Report - [Brian Pilloud \[p.9\]](#)
  - ⇒ Treasurer Report - [Lana Perrault \[p.10\]](#)
  - ⇒ Statistics Overview - [Christa Daku \[p.11\]](#)
8. COVID-19 Impact Address - [Christa Daku](#)
9. Envision Board of Directors
  - ⇒ Board Address to the Staff
  - ⇒ Re-Election of Board Members (2 Year Term)  
[Tana Cugnet \(2016\)](#), [Ann Favreau \(2018\)](#), [Bill Holliday \(2018\)](#)
  - ⇒ Nomination of New Board Members  
[Sheila Szakacs](#)
  - ⇒ Executive Nominations  
[Chairperson](#), [Vice Chairperson](#), [Treasurer](#), [Secretary](#).
  - ⇒ Retirement of Board Member  
[Angela Burgess](#), [Garth Myrglod](#)
10. New Business
  - ⇒ Nomination of Auditors for Next Fiscal Year - [2020-2021](#)
  - ⇒ Amendments to Bylaws - [\[p. 19\]](#)
11. Adjournment

Zoom Meeting

June 18, 2020

6:30pm



**Envision Counselling & Support Centre Inc.**  
Annual General Meeting | Weyburn, SK | June 18, 2019

A total of 20 staff, 8 Board Members and 9 guests were in attendance.

**Board Members:** Kristin Dupuis, Tracey Kiliwnik, Ann Favreau, Garth Mryglod, Bill Holliday, Lana Perrault, Tana Cugnet, Brian Pilloud

**Guests:** Ashley Rushton (MNP), Rod McKendrick (Ministry of Justice), Jessica Clarke (Ministry of Justice), Olena Voloku (MSS), Brenda Yaworskin (MSS), Jill Fauth (MSS), Vic Weibe (former Board member), Marna McManus (Discover Weyburn), Greg Nikkel (Weyburn Review)

**1.0 Call to Order-** Chairperson Tracey Kiliwnik called the meeting to order at 6:37 pm

**2.0 Introductions-** Tracey Kiliwnik welcomed everyone to the meeting and invited introductions around the table.

**3.0 Adoption of Agenda**

**Motion #1-** Moved by Tana Cugnet and seconded by Lana Perrault to accept the agenda as presented. Carried.

**4.0 Approval of Minutes**

**Motion #2-** Moved by Garth Mryglod and seconded by Brian Pilloud that the minutes of June, 2018 be adopted as circulated. Carried.

**5.0 Auditors Report**

The auditor's final report was presented by Ashley Rushton of Meyers, Norris, Penny. Ashley highlighted year over year major changes to the Balance Sheet, Revenue and Expense Statement and Cash Flows.

**Motion #3:** Moved by Brian Pilloud and seconded by Ann Favreau that the Auditors Report be accepted. Carried.

**6.0 Funding Representatives**

**Jill Fauth (Social Services)-** Relayed the great work that Envision is doing and that they appreciate a wonderful relationship with the organization.

**Brenda Yaworski (Social Services)-** Thanked the staff for continuing to build a strong relationship.

**Rod McKendrick (Ministry of Justice)-** Congratulations were extended on continually working with other organizations in a challenging situation, and thanked the staff for all they do.

**7.0 Reports**

**Executive Director's Report-** Written and submitted by Christa Daku

**Assistant Executive Director's Report-** Written and submitted by Lynda Rideout

**Chairperson's Report-** Written and submitted by Tracey Kilwinik

**Program Committee Report-** Written and submitted by Tana Cugnet

**Personnel Committee Report-** Written and submitted by Kristin Dupuis

**Property Report-** Written and submitted by Garth Mryglod

**Finance Committee Report-** Written and submitted by Brian Pilloud

**Statistics Overview-** Christa Daku + Linda Rideout

**Motion #4:** Moved by Lana Perrault and seconded by Tana Cugnet to accept the reports as presented. Carried.

**8.0 Envision Board of Directors**

**a. Election of Board Members**

**i. Board Address to the Staff**

Tracey Kiliwnik presented.

**ii. Re-Election of Board Members**

**Motion #5:** Moved by Ann Favreau and seconded by Bill Holliday that the following Board Members were reappointed to two year terms: Brian Pilloud + Lana Perrault Carried.

**iii. Executive Nominations**

Tana Cugnet nominated Brian Pilloud to Chairperson, he was appointed by acclamation.

Brian Pilloud nominated Tana Cugnet to Vice-Chairperson, she was appointed by acclamation.

Tana Cugnet nominated Lana Perrault to Treasurer, she was appointed by acclamation.

Brian Pilloud nominated Tana Cugnet to Secretary, she was appointed by acclamation.

**9.0 New Business**

**Appointment of Auditors**

**Motion #6:** Moved by Lana Perrault and seconded by Garth Mryglod to retain Meyers, Norris, Penny as auditors for the 2019/2020 fiscal year. Carried.

**10.0 Special Presentation-** Larissa Smeltzer (Envision), Walk In Clinic presentation

**11.0 Adjournment**

Tracey Kiliwnik moved adjournment of the Annual General Meeting at 7:41

Minutes respectfully submitted by Kristin Dupuis.

# 2019 - 2020 ENVISION TEAM

Executive Director—Christa Daku

Assistant Executive Director—Lynda Rideout

## BOARD OF DIRECTORS

### EXECUTIVE MEMBERS

Chairperson—Brian Pilloud  
Vice Chairperson—Tana Cugnet  
Treasurer—Lana Perrault  
Secretary—Tana Cugnet

### MEMBERS AT LARGE

Aimee Haralson  
Angela Burgess  
Ann Favreau  
Bill Holliday  
Daralee Kittelson  
Garth Mryglod

### ADMINISTRATION

#### ASSISTANTS

Debbie  
Jenna  
Lori W.

#### RECEPTION

Carissa  
Crystal  
Kristen  
Maria  
Melinda

### COUNSELLING

#### COORDINATOR

Dana

#### CEV PROGRAM

Allyson

#### IVA PROGRAM

Alaina  
Edna  
Laura  
Sarah

#### FIP PROGRAM

Angela M.  
Jody H.  
Heather

#### FIP/IVA COUNSELLOR

Jolene M.

#### INTAKE

Dana

#### WALK-IN

Larissa

#### FFS/EAP

Evan    Skylar

### FAMILY SUPPORT

#### SUPERVISOR

Laura

#### COORDINATORS

Jalissa  
Liz  
Renée

#### PROGRAM ASSISTANTS

Jolene R.  
Mackenzie

#### SUPPORT WORKERS

Alexis	Kelly
Alisa	Kelsey
Amanda	Kristen
AnneMarie	Lisa
Ashley	Lyn
Brandi	Lyse
Brenda	Lori M.
Cecilia	Mackenzie
Christie	Maria
Donna	Megan
Jalissa	Michelle
Jolene R.	Serena
Kennedy	Shanleigh

### PRACTICUM STUDENTS

Nikki

### OFFICE CLEANERS

Alisa  
Brenda  
Carissa  
Quinn  
Raivyn

### AMAZING SUPPORTERS

Diana  
James  
Jody B.  
Wayne

### RESOURCE DEVELOPMENT

Tania

### COMMUNITY OUTREACH

Juli  
Kelsey  
Raven



2019 AGM



# Executive Director's Message

June 2020

The past year has been a very busy one for all of the staff at Envision Counselling and Support Centre. The following is a very short recap of the highlights we've experienced.

Beginning with our 25<sup>th</sup> Anniversary celebration in May, we celebrated 25 years of growth and accomplishment in our communities with a dedication to all current and former Board members, volunteers and staff. Without the many hours of commitment over the years to our Mission and Vision, we would not be where we are today. We celebrated the ongoing success of our organization by hosting Theron Fleury to come to the Estevan and Weyburn area to provide a full day workshop on trauma and a luncheon for the public. Many hours of preparation and support from various sponsorships made the two days a possibility. Many thanks to the staff, the volunteers and the monetary donors who showed their support and provided any type of contribution to our milestone accomplishment.



As reflected in the AGM statistics, all areas of our programming, ranging from the Prevention Education to our front line Counselling and Family Support services, we continue to serve more individuals and families as the years pass. This is a direct reflection of the needs in our communities. The support we continue to receive from our funding bodies, sponsorships and ongoing community donors continue to make our services viable and sustainable.

The expansion of Walk-In Counselling was well received in Estevan and Weyburn as well as a recent expansion to Oxbow. This program became possible through a collaborative partnership with several family centered agencies throughout the province encompassing Family Services of Saskatchewan. A collaborative funding proposal was submitted to the Ministry of Health urging the need to fill the gap in our province related to Mental Health services. This is a one of a kind program, which allows accessibility to all individuals who may be experiencing difficulty in their lives. With no program mandate restrictions and no waiting list for services, the program is accessible on an immediate basis.

Employee Assistance Program/Fee for Service Counselling services were also implemented in Estevan and Weyburn this past year. The program continues to grow and expand as individuals and couples seek support from Envision, who typically would have to wait for services in our funded programs or don't meet the criteria needed to enter one of our core, community programs.

As an agency, Envision continues to strive to fill gaps in service and meet the needs of our communities by exploring gaps in southeast Saskatchewan. It is our vision that all individuals have the ability and the skills to thrive in a healthy environment. From prevention to intensive counselling and support, each program mandate strives to meet the outcome of improving interpersonal relationships.

NEVER DOUBT THAT A SMALL GROUP OF THOUGHTFUL, COMMITTED, CITIZENS CAN CHANGE  
THE WORLD. INDEED, IT IS THE ONLY THING THAT EVER HAS.

-MARGARET MEAD

*Continued on Page 7*

# Executive Director's Message - CONTINUED

June 2020

Community awareness has been a strategic goal for our agency for the past three years. Through strong partnerships, ongoing community presentations and the development of the Estevan Interagency Group, we are striving to reach as many individuals to provide awareness that support is available for individuals and families who may need it. A successful, flourishing partnership with the Estevan radio station has enhanced our presence in our service delivery area, through the annual 50/50 for a Cause fundraiser. This has proven to be a unique and worthwhile partnership for the radio station as well as our agency as exposure and relationship enhancement has flourished over the past two years for each business. Each year I continue to be overwhelmed with gratitude by the support that the individuals and businesses display by supporting our fundraiser through ticket buying and location sponsorship.

Resource Development is a significant hub in our organization. Ongoing funding proposals, sponsorships and donor engagement are the strategies that allow and enhance growth within a non-profit organization. To name a few, this past year we were successful in applications to Justice Canada and the Law Foundation of Saskatchewan who supported the initiative to evaluate our preventative education. Through the three-year project, we plan to present information to communities and schools in our service delivery area and evaluate areas of learning, with the hopes to influence additional funding. With a systemic issue of interpersonal violence, our mission is to provide education and awareness, with the hopes to influence healthier decision-making skills within current and future generations.

COVID-19 presented challenges as well as opportunities for our organization as we closed out the fiscal year. What could be perceived as a defeat or serious roadblock in the human service industry, has also encouraged new ways of service delivery in all areas of our programming. Ranging from the way we do business to provide public awareness, to office support, to front line Counselling and Family Support, all areas of our programming have maintained effectiveness with the utilization of technology. Envision has a mission of providing innovative programming and the additional avenue of technology has unlimited possibilities as we continue to forge ahead.

A special thank you to the United Way of Estevan and Regina for their ongoing program support as well as our government funders; Ministry of Integrated Justice, Ministry of Social Services, Justice Canada and the Ministry of Health. Their program support, partnerships and the commitment they have to our service delivery area continues to provide the funding needed to enhance our communities.

Every year, as I sit and reflect on what to highlight in my report, I am incredibly proud of the team Envision Counselling and Support Centre has become. Each area of programming and support within our agency has a unique way of supporting one another for the betterment of our communities. Each staff member has a goal of enhancing lives in one way or another and I will forever be grateful to be a leader of such a committed, enthusiastic, dedicated group of individuals who live to serve their community.

Respectfully Submitted,  
**Christa Daku,**  
Executive Director

# Assistant Executive Director's Message

June 2020



It seems that each year goes by faster than the year before, and our 2019-2020 fiscal year was no exception. With preparations for our 25th Anniversary, additions to our programming, learning and teaching new procedures and protocols with the expansion and addition of new staff, the year went by in a blink.

Throughout the growth and changes, some things stand out for me... most significantly is that the flexibility and adaptability of our team never changes, never wavers. For example, evening appointments are now being booked in office for our Fee for Service counselling and our receptionists are now working the odd evening shift. This willingness to bend and help out where needed is echoed

across the agency, and is very much appreciated.

Throughout the year our Family Support administrative team have been doing ongoing promotion of our voluntary parenting support program, Diversion. This unique program is offered to families in their homes throughout the Southeast. Our Support Workers connect with families and teach age-appropriate parenting skills and child development practices, as well as effective problem solving and communication skills through a supportive working relationship to strengthen family units. This team works tirelessly in thinking outside the box, and at the end of this fiscal, when the COVID pandemic hit, this ability was tested and they rose to the challenge brilliantly, changing service delivery planning, and providing outdoor visits to ensure families felt supported during the time of uncertainty.

Our Outreach programming has blossomed during the past year, we were able to expand our staffing to include an Educator for our Weyburn Office. The team increased school based presentations throughout the entire southeast corner of our province. In addition, we have been working hard at building meaningful relationships with our First Nation neighbours. We offered our space in Weyburn to be used for an Aboriginal Talking Circle, which was an amazing experience for those who participated. Another way we are demonstrating the importance of this relationship is by adding a First Nation acknowledgment to our email signatures across our entire agency.

*"In the spirit of respect and reconciliation, we acknowledge that we work and live on traditional lands, referred to as Treaty 2 and Treaty 4 territories, and on the homeland of the First Nation people."*

Community Partnerships continue to be an important part of our strategic plan, and we are proud to have a strong relationship with a variety of community partners in the Southeast including Jumpstart with our Fight Like a Girl groups, the Weyburn Oilwomen's group, Royal LePage, Estevan and Weyburn Libraries and the Communithon Committee working on fundraising for the Weyburn community. I would be remiss to not give a shout out to James Lainton for providing ongoing support and mentorship with our IT needs.

Overall, this past year has been one like no other. I am beyond proud of our team, and remain extremely grateful to lead and work alongside so many amazing people who are passionate about their work. As always, I would like to thank our amazing Board and Employees for their hard work and ongoing dedication to Envision!

Respectfully Submitted,  
**Lynda Rideout,**  
Assistant Executive Director

*"Encourage, lift and strengthen one another. For the positive energy spread to one will be felt by us all." Deborah Day*



# Chairperson's Report

June 2020

It would be impossible to start this report without first addressing the elephant in the room...COVID-19. It would be safe to say that the majority of discussions, actions and efforts in 2020 to date have been taken with emphasis on and as a result of the pandemic. It has come to affect not only Envision, but our communities, our families and each one of us individually. Throughout this generational change, Executive Director Christa Daku and Assistant Executive Director Lynda Rideout provided great communication to the board. We acted on facts derived from known sources including the Saskatchewan Health Authority. We pulled together and continue to do so as we continue to find alternative ways of conducting business. Teleconference board meetings became the norm, followed by virtual board meetings via Zoom and continuing with this virtual Annual General Meeting – the first of its kind in Envision Counselling and Support Centre history.

The Board of Directors met on nine occasions throughout the year. We streamlined the standing committees this year to focus the board's energy of strategic planning and away from any operational activities. As noted earlier, both the Executive Director and Assistant Executive Director provide the board with monthly operational reports to assist the board stay abreast of the ongoing activities of the organization.

At the start of this year, the board said goodbye to outgoing members Kristen Dupuis and Tracey Kiliwnik. At the same time, we welcomed Daralee Kittelson and Aimee Haralson, both from Estevan as new board members. The Annual General Meeting this year marks the end of the six year term for Garth Mryglod of Carlyle/Kenosee Lake. Garth has served in a variety of roles with the board, most recently on the Property Committee. I know that I speak on behalf of the board when I say that we will miss both his guidance as well as the good dose of humour that he brought to all board events.

Several highlights of the year need to be emphasized. The Silver Anniversary of Envision was held culminating in a day-long training in Weyburn for staff and public and a luncheon in Estevan featuring Theoren Fleury. It was captivating, inspiring, educational and truly a great reflection of an organization such as Envision Counselling & Support Centre. We saw increased usage and the maturation of the Walk-In Clinics in both Estevan and Weyburn. We hope to see this continue to evolve as opportunity presents itself in the future.

A thank you must go out to our key funders (Ministry of Social Services and Ministry of Justice) as well as donors throughout the region. Limited resources paired with increased demand for service always leads to difficult choices from a board and management perspective. To the board, I wish thanks for their engagement in serving. It was a pleasure to work with you. To Christa, Lynda and staff, I wish many thanks for your efforts day in and day out. It has been a challenging time as of late and the willingness to flex personally and professionally is a sign of the health of any operation. And lastly, to the individuals of Southeast Saskatchewan, we are here for you.

Respectfully Submitted,  
**Brian Pilloud,**  
Chairperson

# Treasurer's Report

June 2020

We knew the year would be a challenging one as we went into it with all that was happening with the economy and all that that brings with it in terms of increase demand for services, yet also an exciting one as we planned and celebrated Envision Counselling & Support Centre Inc's silver anniversary.

Fortunately, in the 2019-2020 fiscal year; unlike the previous several years; we received a 1% increase from our core funders the Ministry of Justice and the Ministry of Social Services. With sincere gratitude we also report that United Way continues to provide substantial funding to supplement and sustain the programs offered.

2019-2020 saw an expansion of services with the introduction of the new walk-in model, with funds provided by Family Services of Saskatchewan, who is being funded by the Saskatchewan Health Authority for the new province-wide program. Also new during this fiscal year was the Fee-for-Service EAP (Employee Assistance Program) offering, which fills a gap for services and also provides some additional revenue.

Our 25<sup>th</sup> Anniversary Celebration would not have been possible without the much appreciated and generous community sponsorships. It was indeed a humbling yet reassuring experience reminiscing and recognizing the growth and far-reaching positive impact that Envision Counselling & Support Centre Inc has had on Southeast Saskatchewan.

Financial strain remains prevalent throughout the southeast area of the province as key sectors continue to experience tough times. As a result, most other industries are feeling the ripple effect. We are incredibly grateful to those who value the important work Envision provides and continue to support us through donations.

We are happy to report we are in a healthy financial position despite the year's challenges. The Management, Bookkeeper, Resource Development Coordinator and all other staff of Envision Counselling & Support Centre Inc. go the extra mile every year to be creatively engaged in sourcing new grant and revenue streams, while ensuring every measure is taken to reduce costs where possible. They do so with a commitment to support the community through the ever growing and relevant diverse programming and should be commended for their hard work and dedication.

Respectfully Submitted,  
**Lana Perrault,**  
*Treasurer/Financial Committee Chair*

*(Financial Committee members include Lana Perrault (Chair), Ann Favreau, Aimee Haralson)*

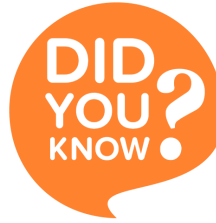


# 2019 - 2020 *Statistics Overview*



# CLIENT & PRESENTATION REACH ACROSS THE SOUTHEAST

The area outlined in **BLUE** represents Envision's geographical area which spans **28,700 square kilometers** with a total population in excess of **52,000 individuals**.



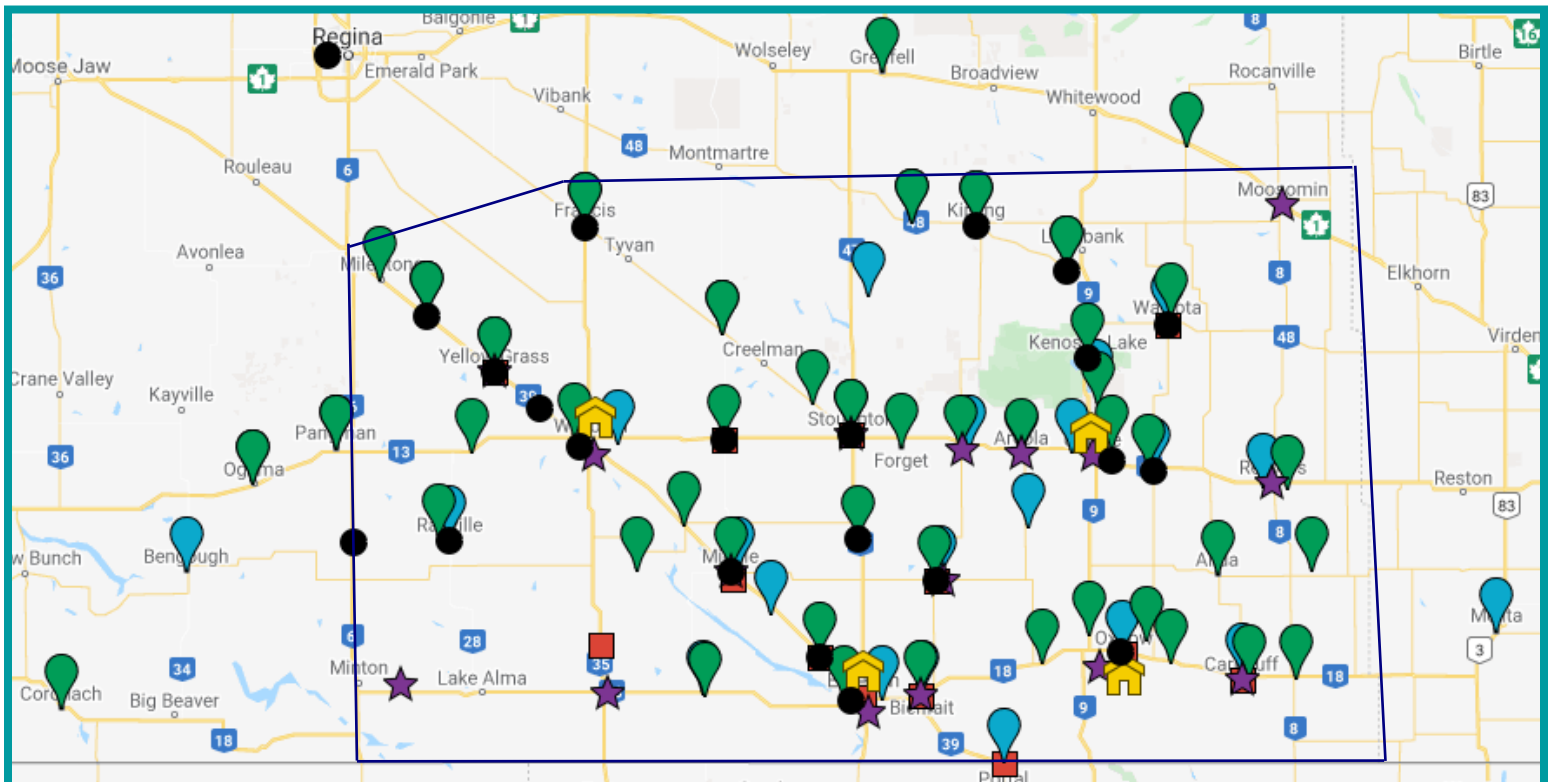
ENVISION OFFICE STAFF DROVE A TOTAL OF **97,925 KILOMETERS** IN 2019-2020.  
(18,244 MORE THAN LAST FISCAL)



## Legend

	Children Exposed to Violence Program	<b>35</b>
	Family Intervention Program	<b>333</b>
	Interpersonal Violence and Abuse Program	<b>312</b>
	Family Support Program	<b>177</b>
	Presentations	<b>186</b>
	Office Locations	<b>4</b>

## Total



# “CLIENT TESTIMONIALS”



*“Without Envision and the wonderful people who work for them, I would not be here today. I had such a connection with my worker that I did not want to let her down. I felt accountable to her and when I got clean for good and got my kids back my worker was as proud as any one that I had achieved so much.”*

-- FSP Client



*“After my assault my counsellor helped me realize that my relationship wasn’t falling apart due to it but because I deserved more, I was a special being just who I am and if he couldn’t take the new me, I was better off to just love me.”*

-- IVA Client



*“Envision has many amazing counselors and programs. I was so petrified to really open up to someone about what I was going through I’m so glad I gave it a chance, that I was able to finally after months of trying, was able to find help. I do believe envision has changed my life and for the better.”*

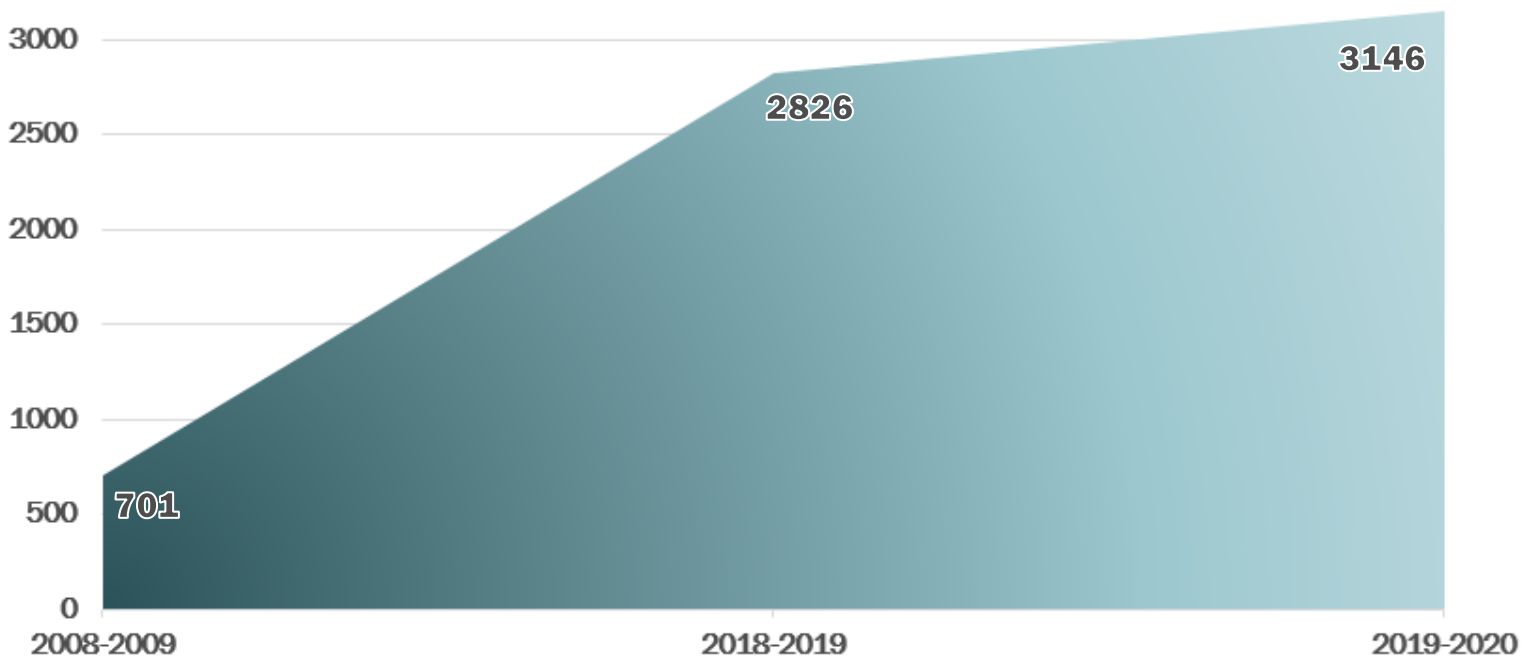
-- Counselling Client



*“My counsellor actually listened. She let me cry freely, let my anger out without judgment. She let me be me, express “me” as I needed and she would talk to me like I was a person who needed to vent but also taught me tools to cope and just gave me honest options that I could or not take if I so chose.”*

-- Counselling Client

## COUNSELLING SESSIONS COMPARISON





# INTERPERSONAL VIOLENCE & ABUSE PROGRAM STATISTICS



**84%** OF OUR IVA CLIENTS IDENTIFY AS FEMALE.  
**29%** OF CLIENTS ARE BETWEEN 26-35 YEARS OF AGE.  
**11%** OF CLIENTS ARE BETWEEN 16-18 YEARS OF AGE.



## IVA CASELOAD COMPARISON - PREVIOUS YEAR

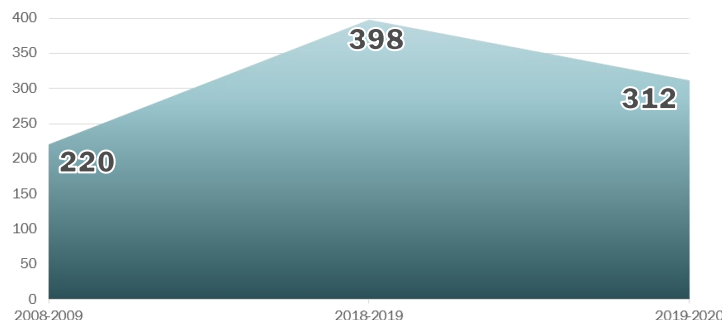
2018–2019	2019–2020	DIFFERENCE
1857	2257	22% +

While both men and women experience violence, statistics indicate that women do experience higher rates.

Approximately **every 6 days**, a woman in Canada is killed by her intimate partner.

Source: Canadian Women's Foundation

## IVA REFERRALS COMPARISON



# FAMILY INTERVENTION PROGRAM STATISTICS



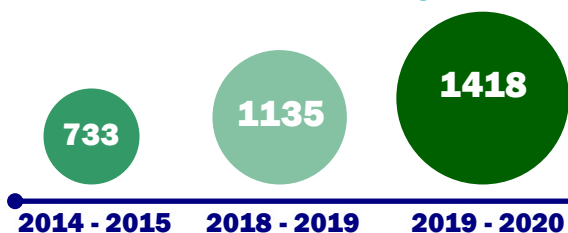
**48%** OF FIP CLIENTS SEEK SUPPORT FOR RELATIONSHIP BREAKDOWN (EX: COUPLES COUNSELLING, SEPARATION/DIVORCE.)

**26%** SEEK SUPPORT FOR CHILD/ADOLESCENT BEHAVIOUR.

## FIP NUMBER OF FAMILY MEMBERS



NOTE: # of family members was not recorded prior to 2014-2015.

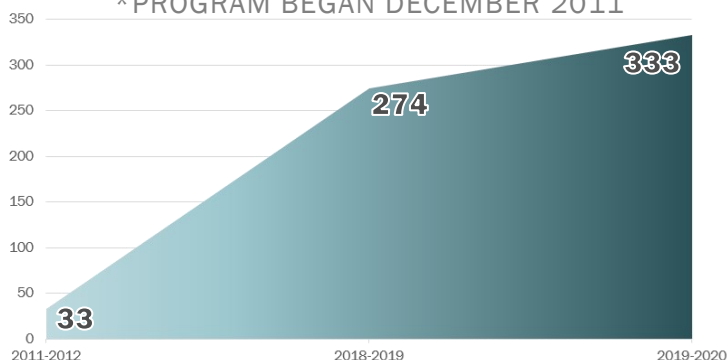


## FIP CASELOAD COMPARISON - PREVIOUS YEAR

2018–2019	2019–2020	DIFFERENCE
1164	1595	37% +

## FIP REFERRALS COMPARISON

\*PROGRAM BEGAN DECEMBER 2011

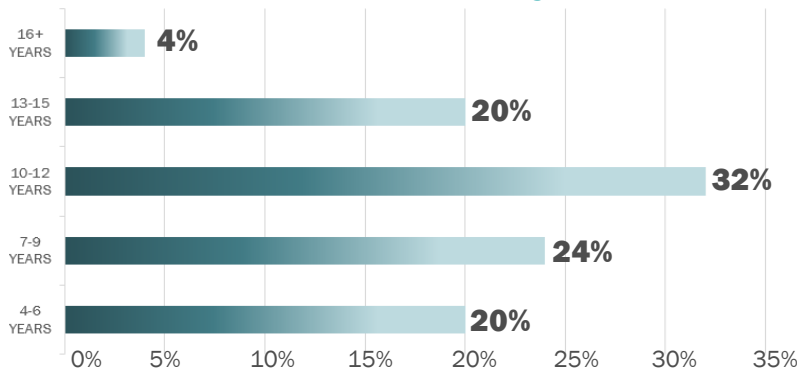


# CHILDREN EXPOSED TO VIOLENCE PROGRAM STATISTICS



**83%** OF CEV CLIENTS SEEK SUPPORT FOR FAMILY VIOLENCE RELATED ISSUES.

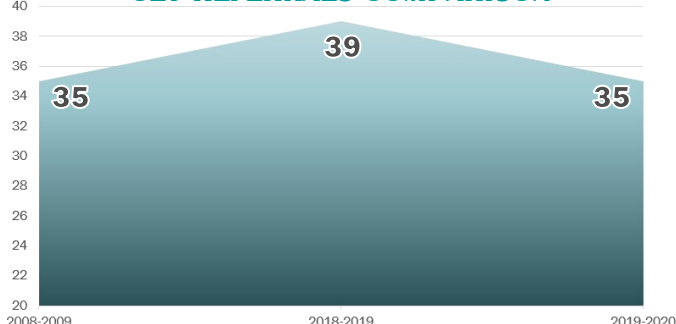
## CEV AGE OF CLIENTS



## CEV CASELOAD COMPARISON - PREVIOUS YEAR

2018–2019	2019–2020	DIFFERENCE
325	385	18% +

## CEV REFERRALS COMPARISON



# WALK-IN COUNSELLING STATISTICS

## (BEGAN MAY 2019)



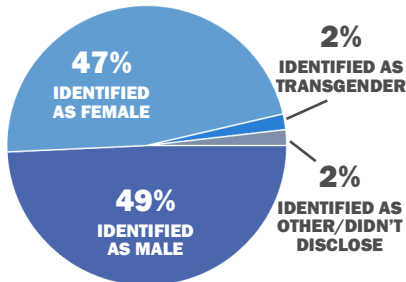
WALK-IN COUNSELLING IS CURRENTLY OFFERED OFF-SITE IN ESTEVAN, WEYBURN & OXBOW THANKS TO COMMUNITY PARTNERSHIPS.

THE WALK-IN COUNSELLOR TRAVELLED **15,846 kms** IN THE 2019-2020 FISCAL YEAR.

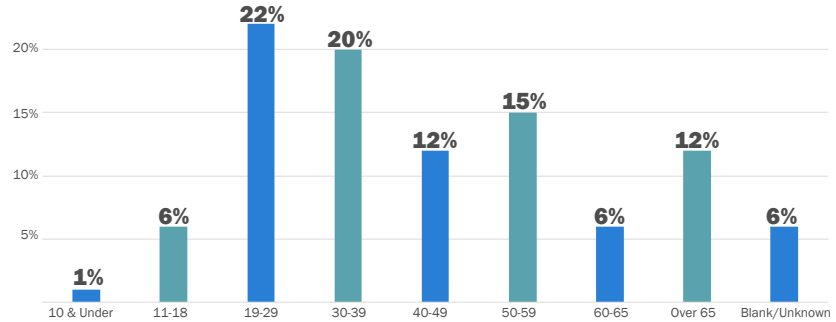
774 COUNSELLING SESSIONS WERE OFFERED AND 224 SESSIONS WERE COMPLETED.

WALK-IN OPERATED AT **30% CAPACITY FOR THE FIRST YEAR.**

### CLIENT GENDER



### CLIENT AGE



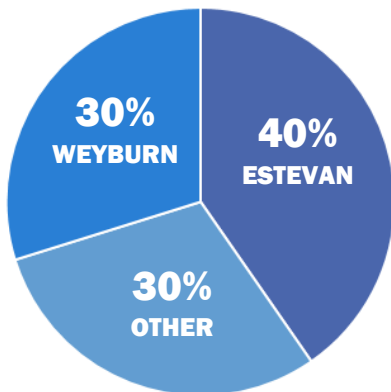
# FEE FOR SERVICE COUNSELLING STATISTICS

## (BEGAN APRIL 2019)

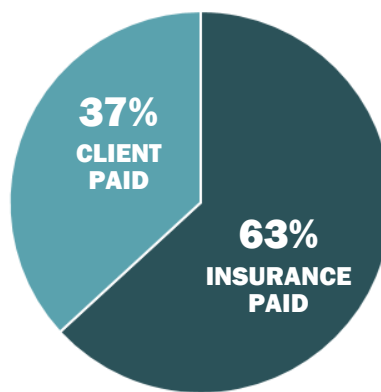


THIS PROGRAM IS CURRENTLY ONLY OFFERED OUT OF THE ESTEVAN AND WEYBURN OFFICES. THERE WERE **122 TOTAL SESSIONS** FOR THE 2019-2020 FISCAL YEAR.

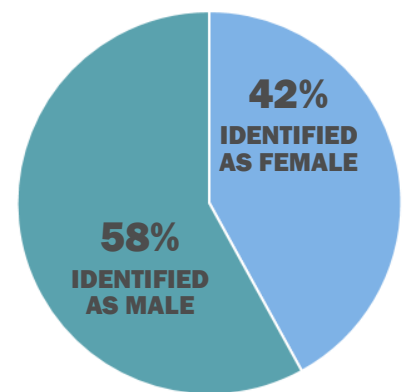
### CLIENT LOCATION



### FEES



### CLIENT GENDER



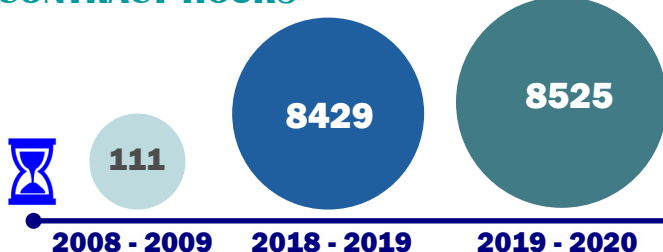
# FAMILY SUPPORT PROGRAM STATISTICS



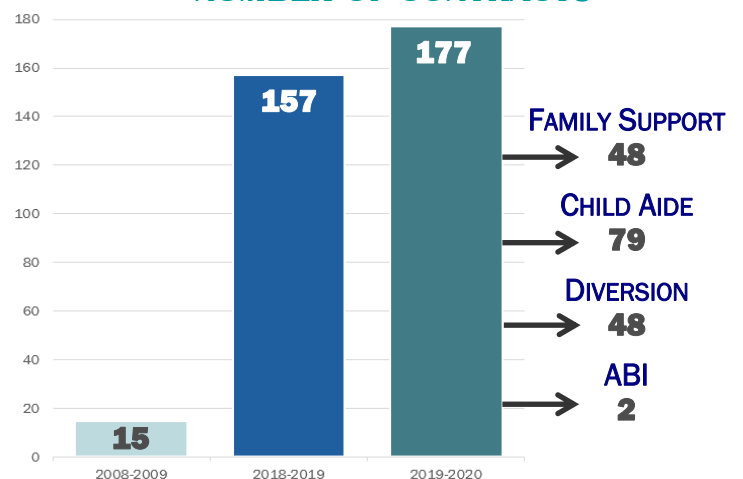
FSP STAFF DROVE A TOTAL OF **158,985** KILOMETERS IN THE 2019-2020 FISCAL YEAR.



### CONTRACT HOURS



### NUMBER OF CONTRACTS



# ENVISION NEWS HIGHLIGHTS

## 2019 - 2020

### Silver Anniversary Year (2019)

2019 was our 25<sup>th</sup> year of providing innovative programming in Southeast Saskatchewan. We celebrated this achievement by hosting NHL all-star and sexual abuse advocate Theo Fleury for a two day event, consisting of a trauma workshop in Weyburn and an anniversary luncheon in Estevan. This was a great opportunity to celebrate with some of the communities we serve.



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### Walk-In Counselling Announced (May 2019)

Thanks to an investment from the Government of Saskatchewan, Envision Counselling now offers Walk-In Counselling in Estevan, Weyburn and Oxbow. Walk-In Counselling is a free, immediate, accessible form of brief crisis-counselling. People can drop-in for one hour sessions without an appointment. Referrals to community and health services are also offered.



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### ROAM Project Announced (Nov. 2019)

A new, three year project was launched to increase education and awareness of sexual violence and healthy relationships in the Southeast. The Rural Outreach Awareness Measures (ROAM) project brings educational presentations to rural and remote communities. ROAM bridges the disconnect between students and caregivers by offering the same information to both groups.



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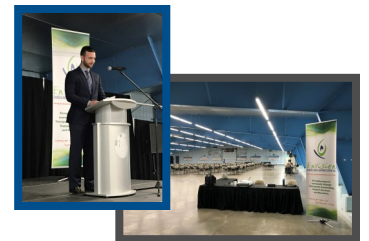
### 50/50 For a Cause Fundraiser (Feb. 2020)

We were fortunate enough to partner with our local radio stations for the second year in a row to offer the 50/50 For a Cause Fundraiser in Estevan. This was another great experience within the community and a wonderful chance to raise awareness for Envision. In addition, it was nice to hear stories about people's experiences with Envision from those we engaged. The Grand Total this year was \$40,480.





# SILVER ANNIVERSARY WITH THEOREN FLEURY





# SOCIAL MEDIA STATS

## FACEBOOK | TWITTER | INSTAGRAM | WEBSITE

### facebook

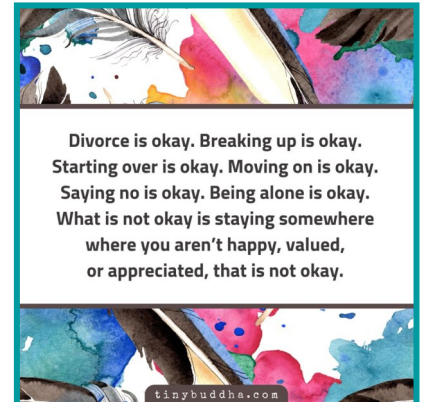
UP 216 FROM LAST YEAR!

**MOST POPULAR  
FACEBOOK POST:**  
TRUST YOURSELF.  
YOU KNOW BEST.

Country	Your Fans	Country	Your Fans
Canada	1,030	South Africa	7
United States of America	74	Pakistan	6
United Kingdom	13	Puerto Rico	3
Australia	11	Philippines	3
India	10	Nigeria	3

**TOP FAN LOCATIONS**

44  
15 Shares



### twitter

**MOST ENGAGING TWEET:**



122 Following 94 Followers

**Envision Counselling**  
@envisioncsc

94 FOLLOWERS



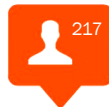
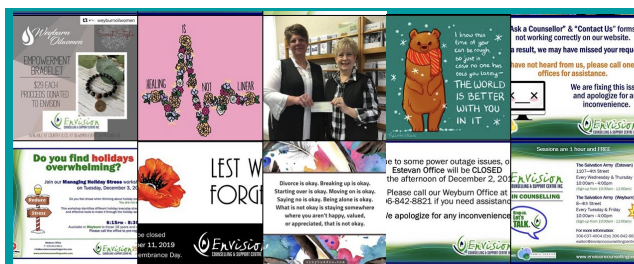
@envisioncsc



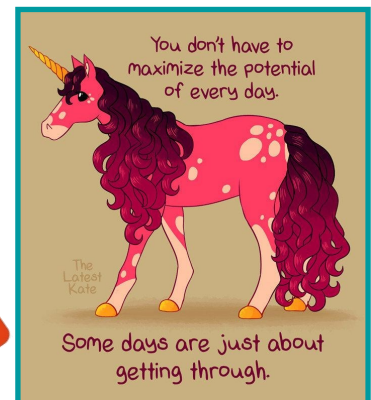
### Instagram

443 posts 216 followers 38 following

**MOST POPULAR  
INSTAGRAM POST:**  
A GENTLE REMINDER  
TODAY AND EVERY  
DAY.



@envisioncsc



## WEBSITE ANALYTICS



THERE WERE **90** WEB REFERRALS IN 2019-2020.

**4371**

AVERAGE  
TOTAL  
VISITS

**3726**

AVERAGE  
NEW  
VISITS

**6371**

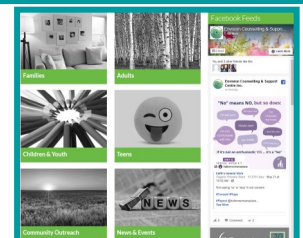
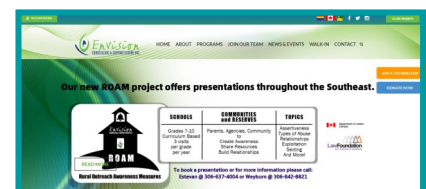
AVERAGE  
PAGE  
VIEWS

**2m28s**

AVERAGE  
TIME ON  
A PAGE

**1.46**

AVERAGE  
# OF PAGES  
VISITED





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**ENVISION COUNSELLING AND  
SUPPORT CENTRE INC.**

# BYLAWS

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# ENVISION COUNSELLING AND SUPPORT CENTRE INC.

## BYLAWS

(Changes in Orange)

**WHEREAS** Envision Counselling and Support Centre Inc. (formerly the Violence Intervention Program Southeast Saskatchewan Inc.) was formed on February 28, 1994; and **WHEREAS** Envision Counselling and Support Centre Inc. was incorporated under the Non-Profit Corporations Act of the Government of Saskatchewan on May 27, 1994 - No. 211466; and **WHEREAS** Envision Counselling and Support Centre Inc. is empowered under the Act to make bylaws; and **THEREFORE** the following are cited as the Bylaws of the Envision Counselling and Support Centre Inc.:

### DEFINITIONS AND INTERPRETATION

#### A. Generally

In these bylaws, unless the context otherwise requires, any words or expression defined or used, but not defined shall have the same meaning as in the Non-Profit Corporations Act of the Province of Saskatchewan and words imparting the singular shall include the plural and vice-versa and words imparting the feminine gender shall include the masculine gender and words imparting persons shall include bodies corporate.

#### B. Where They Appear in These Bylaws

- (i) "The Board" shall mean the Board of Directors of Envision Counselling and Support Centre Inc.
- (ii) "The Executive" shall mean the Executive of the Board of Directors of Envision Counselling and Support Centre Inc.
- (iii) "The Association" shall mean Envision Counselling and Support Centre Inc.
- (iv) "Term" shall mean the time between the Annual General Meeting and the immediate next Annual General Meeting.
- (v) "Rules and Regulations" shall mean rules and regulations of Envision Counselling and Support Centre Inc.
- (vi) "Ex-officio" means by virtue of his/her office and does not limit the rights, duties and capacity of any person who is, an Ex-officio, a Director, and member of a Committee or the holder of any other office.

#### C. Interpretation

The interpretation of these bylaws and regulations or of any matters not provided for herein shall be referred to the Board of Directors of Envision Counselling and Support Centre Inc. whose decision in the matter shall be final.

#### 1. NAME

The name of the Association shall be Envision Counselling and Support Centre Inc.

The Violence Intervention Program Southeast Saskatchewan Inc. was legally changed to Envision Counselling and Support Centre Inc. on December 8, 2007.

#### 2. PURPOSE

The purpose of Envision Counselling and Support Centre Inc., a body incorporated under the Non-Profit Corporations Act, hereinafter called "the Association", shall be to provide therapeutic counselling and support services for individuals, families, and couples.

#### 3. VISION

We envision all individuals living in a happy, healthy environment.

##### MISSION

We will encourage and support healthy choices in individuals, families and communities in Southeast Saskatchewan by offering innovative programming and diverse counselling and support services.

#### 4. OBJECTIVES

The Association shall be a non-profit organization whose objectives are:

- i) To provide therapeutic counselling, group and support services, to individuals, families and couples experiencing:
  - 1.family violence
  - 2.partner abuse
  - 3.sexual assault
  - 4.past childhood abuse
  - 5.dating violence
  - 6.older person abuse
  - 7.family crisis
  - 8.grief and loss
  - 9.children exposed to violence
  - 10.relationship breakdown
- ii) To provide counselling in a free, immediate, accessible form of brief counselling though offering Walk-In Counselling clinics.
- iii) To provide educational programming in order to promote and foster understanding of issues surrounding Envision programming.
- iv) To provide direct support services to individuals and families as defined by the Ministry of Social Services.

#### 5. MEMBERSHIPS

- i) All interested persons resident in the Province of Saskatchewan who are in agreement with the stated purpose and objectives of the Association shall be eligible for individual membership in the Association.
- ii) The membership fee shall be prescribed by the Board prior to the Annual General Meeting. Fees may be waived on an individual basis at the discretion of the Board.
- iii) Every member shall uphold the articles and comply with the bylaws of the Association.
- iv) The voting members shall elect the new Executive Board of the Association at the Annual General Meeting. Elected Board members shall take office immediately following the meeting at which they were elected and hold office until the Annual General Meeting, which concludes their term.

#### 6. BOARD EXECUTIVE

- (i) The first meeting of each new Board shall be held within one month of the Annual Meeting of the Association, and the members of the Board shall elect the officers of the Association.
- (ii) The Officers of the Association who shall make up the Executive shall be the following:
  - (a) Chairperson
  - (b) Vice-Chairperson
  - (c) Secretary
  - (d) Treasurer (Chairperson of the Finance Committee)
  - ~~(e) Past Chairperson~~
- (iii) Executive positions cannot be held by the same Board Member for more than two consecutive terms, unless there are special circumstances.
- (jjj) (iv) The Chairperson, or Vice-Chairperson, and Executive Director, or Assistant Executive Director shall sign all legal documents on behalf of the Association.

#### 7. BOARD MEETINGS

- (i) There shall be a minimum of seven Board meetings in each fiscal year to be held at such time and in such place, as the Chairperson shall designate.
- (ii) Board meetings may be called by the Chairperson or shall be called upon the request of two Board members.
- (iii) Each member is entitled to one vote.
- (iv) 50% plus 1 of the Board members shall constitute a quorum for a meeting of the Board.
- (v) Accurate recordings of all official business and proceedings must be kept on file.

## 8. SPECIAL MEETINGS

Special Meetings of the Association may be called on the order of the Chairperson whenever it is deemed necessary or on the written request of at least 25% of the general membership in good standing.

## 9. ANNUAL MEETING

- (i) The Annual General Meeting of this membership of the Association shall be held at a time and place designated by the Board for the purpose of receiving and approving reports, electing the Board, appointing auditors for the ensuing year, and for the transaction of such other business relative to the affairs of the Association as may properly be brought before the meeting.
- (ii) All business transacted at an Annual General Meeting, except consideration of the financial statements, auditor's report, election of Board and re-appointment of the incumbent auditor, and all business transacted at any other meeting of members, is deemed to be special business.

## 10. FINANCIAL AFFAIRS

- (i) The fiscal year of the Association shall end on the 31st day of March each year.
- (ii) The Board shall keep proper records and accounts of all transactions of the Association.
- (iii) The Board shall place before the members at every Annual General Meeting:
  - a) Financial statements for the year ended not more than four months before the Annual General Meeting.
  - b) The report of the auditor.
  - iii) Any further information respecting the financial affairs of the Association.
- iv) The Association shall send to each member financial statements and the report of the auditor or may, in lieu thereof, publish a notice stating the documents are available at the office of the Association and that any member may, upon request, obtain a copy free of charge by prepaid mail to his/her address or at a designated location as set by the Board during usual business hours

## 11. STANDING COMMITTEES

- (i) There shall be the following standing committees to be called:
  - ~~(a) Personnel Committee~~
  - ~~(b) Program Committee~~
  - (c) Audit/Finance Committee
  - ~~(d) Property Committee~~
  - (e) Nominating Committee

## 12. SPECIAL COMMITTEES

Special committees may be appointed by the Board at any time to carry out the objectives of the organization and may be dissolved by a motion of the Board.

## 13. AD HOC COMMITTEES

Ad hoc committees may be appointed by the Board for a specific purpose on precise terms of reference which state that the committee shall cease to function upon completion of a specific task.

## 14. AMENDMENTS AND REPEALS OF BYLAWS

- (i) The Board may, by resolution, amend, repeal or make any bylaws that regulate the activities and affairs of the Association in the following manner:
  - (a) By means of a special resolution that is proposed to the Board, individual members, and affiliated organizations at a Special Meeting and confirmed at the following Annual Meeting.

(b) By means of a resolution that is proposed to the Board, individual members, and affiliated organizations at an Annual General Meeting and confirmed at that Annual General Meeting.

~~(ii) These bylaws cannot be amended or repealed by a vote by mail or by a vote by teleconference.~~

- (iii) If any bylaws, or any amendment or repeal thereof, is rejected by the members or is not submitted to the next meeting of members, the bylaws, amendment or repeal thereof ceases to be effective and no subsequent bylaw, amendment or repeal having substantially the same purpose or effect shall be effective until confirmed or confirmed as amended by the members.
- (iv) Any member or affiliated organization or corporation in good standing supported by a seconder may propose amendments to the bylaws by submitting written notices of motion to the Chairperson at least forty-five days prior to the Annual General or Special Meeting at which such amendments are to be considered.
- (v) The membership of the Association shall be notified of amendments to the bylaws within sixty days of their adoption at the Annual General or Special Meeting.
- (vi) Except in the case of first bylaws made by the Board, every bylaw, amendment or repeal thereof, shall state an effective date, which shall not be more than thirty days from the day, on which the bylaw, amendment or repeal is made.
- (vii) Every bylaw and every amendment or repeal thereof shall be distributed to the membership before its effective date.

## 15. DISSOLUTION

Subject to the requirements of the Non-Profit Corporations Act, in the event of dissolution of the Association, the property and assets shall after payment of all liabilities, be donated to a charitable organization in Saskatchewan, which has like or similar objectives to the Association. The selection will take place at the final general meeting.

These bylaws approved by the Directors of the Association this 11<sup>th</sup> day of April, A.D. 1994.

These bylaws ratified at the Annual General Meeting of the Association this 14<sup>th</sup> day of June, A.D. 1995.

These bylaws ratified at the Annual General Meeting of the Association this 20<sup>th</sup> day of June, A.D. 2000.

These bylaws ratified at the Annual General Meeting of the Association this 17<sup>th</sup> day of June, A.D. 2003.

These bylaws ratified at the Annual General Meeting of the Association this 8<sup>th</sup> day of June, A.D. 2005.

These bylaws ratified at the Annual General Meeting of the Association this 13<sup>th</sup> day of June, A.D. 2006.

These bylaws ratified at the Annual General Meeting of the Association this 10<sup>th</sup> day of June, A.D. 2008.

These bylaws ratified at the Annual General Meeting of the Association this 8<sup>th</sup> day of June, A.D. 2009.

These bylaws ratified at the Annual General Meeting of the Association this 22<sup>nd</sup> day of June, A.D. 2010.

These bylaws ratified at the Annual General Meeting of the Association this 17<sup>th</sup> day of June, A.D. 2013.

These bylaws ratified at the Annual General Meeting of the Association this 16<sup>th</sup> day of June, A.D. 2015.

These bylaws ratified at the Annual General Meeting of the Association this 19<sup>th</sup> day of June, A.D. 2018.

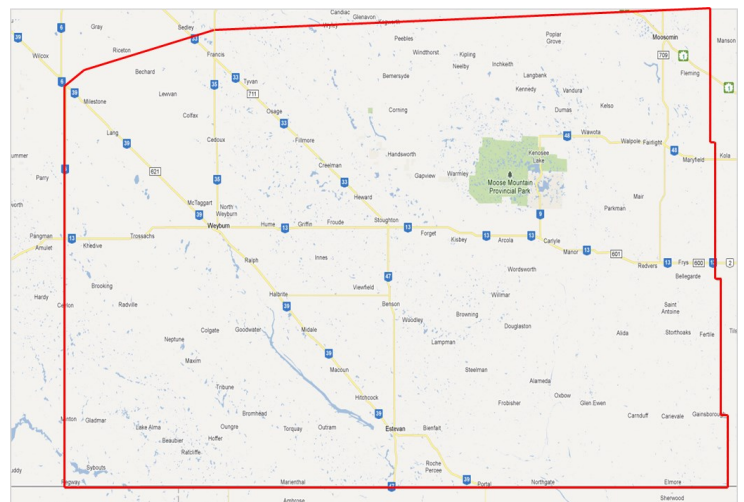
These bylaws ratified at the Annual General Meeting of the Association this 18<sup>th</sup> day of June, A.D. 2019.

These bylaws ratified at the Annual General Meeting of the Association this 18<sup>th</sup> day of June, A.D. 2020.

## APPENDIX A

### 1. SERVICE AREA

The area in which the Association will operate is to be considered in the City of Estevan, the City of Weyburn, Town of Carlyle and the **Town of Oxbow** in the Province of Saskatchewan including their surrounding areas. The Association may operate elsewhere in the Province of Saskatchewan at the discretion of the Board.





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despite knowing  
they won't be here for long  
they still choose to live  
their brightest lives

*sunflowers* - rupi kaur

