

Real Life Impacts in SE Saskatchewan:

Envision Counselling educators visit many grade 7 - 10 classrooms in Southeast Saskatchewan, presenting on healthy relationships.

Students learn about violence prevention, toxic behaviours, and understanding consent.

*"I learned rape can be considered rape even if the person doesn't say no out loud."
- Gr. 10 student*

*"I learned you can get charged and have to register as a sex offender if you have nude pics of a girl under 15 on your phone."
- Gr. 10 student*

A mother of two seeks help at Envision Counselling while fleeing her abusive partner.

Her wounds may not be visible on the outside, but she is deeply injured from years of abuse.

With the support of Envision during this major life change, she is able to access counselling, improve her self-esteem and learn coping tools to move forward with her life.

*"I have never felt safe to talk about anything until I took a chance and found my counsellor. Thank you for all that you do!"
- Envision Counselling client*



Envision is a non-profit, community-based organization governed by a volunteer Board of Directors from Southeast Saskatchewan.

Envision helps individuals, families and couples embrace healthy choices to feel empowered, by providing therapeutic counselling, support,

Estevan Office

Box 511
Estevan, SK
S4A 2A5
P: 306-637-4004
F: 306-634-4229

Weyburn Office

120 3rd St. S.
Weyburn, SK
S4H 2C2
P: 306-842-8821
F: 306-842-8815

Carlyle Office

Box 1017
Carlyle, SK
S0C 0R0
P: 306-453-2405
F: 306-453-2407

Oxbow Office: 306-483-5555

info@envisioncounsellingcentre.com

We do not subscribe to call display. Collect calls accepted.

Envision receives funding from the Ministry of Justice, Ministry of Social Services, United Way of Estevan, United Way Regina and the community.



Donations from private groups, organizations, corporations, or individuals are gratefully accepted to assist Envision in serving communities in Southeast Saskatchewan.



www.envisioncounsellingcentre.com

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Donations & Gifts



You have the power to transform lives.

Frequently Asked Questions

Q. Where does my donation go?

A. Your donation goes directly to Envision clients and programming, which include community awareness and education. Or:

- ⇒ Transportation for a rural client who is isolated and unable to come to their sessions without our assistance.
- ⇒ Personal items for individuals fleeing domestic violence.
- ⇒ Overnight hotel for a family in transition.

Q. Can I specify how my donation is spent?

A. Absolutely. If you would like to direct your donation to a specific area or program, let us know and we will ensure that your donation is used towards the area of your choice.

Q. What is the privacy policy for Envision?

A. In order to process a donation, we will need your name and address for your charitable receipt. We respect your privacy and will not trade, sell or disclose information to any third party. If you would like recognition, we will post your name on our website social media outlets.

Q. Can I get a tax receipt?

A. Yes. Envision is a Registered Canadian Charitable Organization, and all donations more than \$10 will be issued a tax receipt.
Charitable Number: 89987 7393 RC0001



Donating regularly ensures that our services are ongoing and readily available. Please consider making monthly donations through the website.

What you support with your donation:

Envision Counselling believes in a client-centered approach to counselling, with an emphasis on engaging clients' strengths. This means our clients decide what issues they will work on. Counsellors won't force clients to do something if they are not ready.

We Help:

- ⇒ Survivors and secondary survivors of abuse, violence and sexual assault.
- ⇒ Children who have witnessed violence.
- ⇒ Families experiencing a situation that is overwhelming or traumatic.
- ⇒ Couples.
- ⇒ Stalking, harassment, human trafficking or sexual exploitation.
- ⇒ Seniors and those living with disability, isolated and needing connection.

thank you

Ways to Donate:

- Use this pamphlet
- Monthly Donor
 - Use Canada Helps
 - Start as low as \$10 per month
- Start a Casual Fridays through work
- Consider including Envision Counselling in your Estate Planning
- Funeral Donations
- Your own Social Justice Fundraiser
- In-Kind Donation for your labour or big ticket items.

♥ You have the power to help. ♥

Name: _____

Address: _____

Phone: _____

Email: _____

Cheque: make payable to Envision Counselling and Support Centre Inc.

Mail to: Box 511, Estevan, SK, S4A 2A5

- May we contact you for acknowledgement and to send you a charitable receipt?
- Make my donation anonymous.

Credit Card: look for the **BLUE** button on the Envision Counselling website, or go to the **Donate Now** page.

www.envisioncounsellingcentre.com



click here
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“Online is so simple and secure. You can charge your monthly donation to your credit card or set up a monthly withdrawal from your bank account.”
— Envision Donor

Please contact our Estevan Office with questions or to learn more about online donations at 306-637-4004.