

## Outcomes will Include:

- Increase the number of families engaging with supports who are at risk for violence;
- Increase the number of families with developed and implemented safety plans who are at risk for violence;
- Lower the family's overall number of risk factors and risk level for violence;
- Lower the likelihood that the family will experience further violence;
- Reduce the need for individuals and families to access emergency services in response to violence; and
- Lower likelihood of Adverse Childhood Experiences (ACEs).



Envision is a non-profit, community-based organization governed by a volunteer Board of Directors from Southeast Saskatchewan.

Envision helps individuals, families and couples embrace healthy choices to feel empowered, by providing therapeutic counselling, support, in-home services, groups, workshops and education.

Reach out to chat or learn more about the *FIRST* program:

Estevan Office  
306-637-4004

Weyburn Office  
306-842-8821

[intake@envisioncounsellingcentre.com](mailto:intake@envisioncounsellingcentre.com)

We do not subscribe to call display. Collect calls accepted.

FIRST was made possible thanks to Department of Justice Canada and United Ways in Regina and Estevan.



Donations from private groups, organizations, corporations, or individuals are gratefully accepted to assist Envision in serving communities in Southeast Saskatchewan.



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Serving Southeast Saskatchewan since 1994

## Family Intervention Rapid Support Team (FIRST)



## Incident Response, Risk Intervention and Prevention

Exploring your options and supporting your decisions.

## Program Overview

In partnership with the Ministry of Justice, this new Family Intervention Rapid Support Team Program will provide FIRST services in and around the communities of Estevan, Weyburn, and Carlyle by identifying families who display risk factors for violence and intervening early using a relentless outreach approach.

The Family Intervention Rapid Support Team will contact clients using a non-traditional counselling approach to employ rapport building and engagement strategies to ensure connections to clients are maintained. Designed to support prevention and early intervention initiatives, this program is not designed to add extra services to already existing crisis services.



**“Family life contributes immensely to an individual’s happiness. Only in a happy home life can complete contentment be found.”**

*– Dorothea S. Kopplin*

## Health and Social Impacts of Family Violence

Family violence is a very impactful issue. It can cause a range of short-term or long-term health problems, and can even result in death.

Family violence has the ability to affect people's social and economic situations.

Ex: The experience of family violence can contribute to living in poverty, dropping out of school or having limited options for safe and affordable housing.

Social conditions can also increase a family's risk for violence. Poverty, a low level of education, and even poor housing situations can make families more vulnerable to family violence.

These impacts often worsen with more frequent and more severe abuse. In turn, this increases the required time for families and individuals to recover. For example, if a child lives with abuse or is exposed to violence in the home, the effects on their health can be long lasting, even throughout their adult lives.



## Promoting Healthy Relationships through Strength Based Supports

Family violence can be stopped before it occurs and prevented from reoccurring by promoting stable bonds between parents and children, fostering safe relationships between intimate partners and supporting mental health and resilience in everyone.

These factors all play an extremely important role in the prevention of family violence. Our team can help to support fostering healthy relationships within your home.

CONTACT US

**Estevan: 306-637-4004**  
**Weyburn: 306-842-8821**  
**Carlyle: 306-453-2405**

