



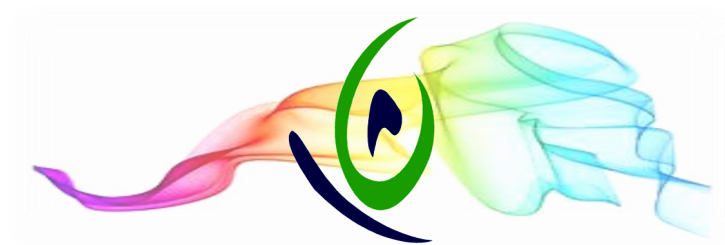
ANNUAL GENERAL MEETING

Our Vision: We envision being an inclusive leader,

providing professional facilities and staff that
deliver innovative and diverse programming
to all individuals in the communities in
Southeast Saskatchewan.

Our Mission: We will encourage and support healthy

choices in individuals families and
communities by offering innovative
programming, diverse counselling and
support.



Traditional Lands Acknowledgment

We acknowledge that we meet today as part of Envision Counselling & Support Centre, which has offices on Treaty 2 and Treaty 4 territories.

These are the traditional territories of the Cree (Nêhiyawak), Saulteaux (Nahkawé), Nakota, Dakota, Lakota, and the Métis.

We respect and honour the Indigenous communities whose land we are on.

We also acknowledge the harms of the past, and commit to moving forward in the spirit of reconciliation and collaboration.



ENVISION COUNSELLING & SUPPORT CENTRE INC.

ANNUAL GENERAL MEETING

Southeast Regional College—Weyburn | June 22, 2022 | 6:30pm

AGENDA

1. Call to Order
2. Welcome/Land Acknowledgements/Introductions
3. Adoption of Agenda
4. Approval of the June 2021 AGM Minutes
5. Auditor's Report - **MNP**
6. Funding Representatives
7. Recognition of Former Executive Director, Christa Daku
8. Envision Reports
 - ⇒ Recognition of Former Executive Director - **Christa Daku [pg.6]**
 - ⇒ Directors Report - **Lynda Rideout & Laura Melle [p.7]**
 - ⇒ Chairperson Report - **Tana Cugnet [p.8]**
 - ⇒ Treasurer Report - **Ann Favreau [p.9]**
 - ⇒ Nominating Committee Report - **Tana Cugnet [p.10]**
 - ⇒ Statistics Overview - **Lynda Rideout & Laura Melle [p.11]**
9. Envision Board of Directors
 - ⇒ Board Address to the Staff
 - ⇒ Re-Election of Board Members (2 Year Term)
Ann Favreau(2018), Roberta DeRosier(2020), Jane Howard(2020)
 - ⇒ Nomination of New Board Members
Desiree Bouvier, Sarah Satre
 - ⇒ Executive Nominations
Chairperson, Vice Chairperson, Treasurer, Secretary.
 - ⇒ Retirement of Board Member
Tana Cugnet
10. New Business
 - ⇒ Nomination of Auditors for Next Fiscal Year - **2022-2023**
 - ⇒ **MOTION 8:** To retain MNP as Auditor for the next Fiscal Year 2022-2023.
Moved by ANN; Seconded by JANE.
 - ⇒ Envision Outreach Presentation – ROAM Project – Raven Daer and Jade Moncrief
11. Adjournment



Envision Counselling & Support Centre Inc.

Annual General Meeting

DATE: June 17, 2021

LOCATION: Zoom Meeting

Present: A total of 27 staff, 7 board members, 3 prospective board members and 5 guests were in attendance.

Board Members: Brian Pilloud, Tana Cugnet, Ann Favreau, Lana Perrault, Aimee Haralson, Roberta DeRosier and Jane Howard.

Prospective board members: Brent VanDeSype, Sean Purdue and Geraldine Watkins

Guests: Angela Stepp (MNP), Brennan McClelland (MNP), Olena Volokh (MSS), Roseanne Tkachuk (Min. of Justice), and Stephanie Davis (SNS)

1.0 Chairperson Tana Cugnet called the meeting to order at 6:33 p.m.

"We acknowledge that we meet today as part of Envision Counselling and Support Centre which has offices on Treaty 2 and Treaty 4 territories. These are the traditional territories of the Cree (Nêhiyawak), Saulteaux (Nahkawé), Nakota, Dakota, Lakota, and the Métis. We respect and honour the Indigenous communities whose land we are on. We also acknowledge the harms of the past and commit to moving forward in the spirit of reconciliation and collaboration."

2.0 Introductions – Tana Cugnet welcomed everyone to the meeting and invited introductions around the table.

Juli guided us through the housekeeping items for the meeting and organized the introductions via zoom, by prompting who would be up next.

3.0 Adoption of the AGM Agenda

Motion: "To Approve the Agenda as presented".

Moved by Ann Favreau and seconded by Jane Howard. Carried.

4.0 Approval of the Minutes of 2020 AGM

Motion: "To Approve the minutes of the 2020 AGM as presented".

Moved by Aimee Haralson and seconded by Ann Favreau. Carried.

5.0 Auditors Report

2021 - 2022

ENVISION TEAM

Executive Director—Lynda Rideout

Assistant Executive Director—Laura Melle

BOARD OF DIRECTORS

EXECUTIVE MEMBERS

Chairperson —Tana Cugnet
Vice Chairperson —Ann Favreau
Treasurer —Ann Favreau
Secretary —Lana Perrault

MEMBERS AT LARGE

Aimee Haralson
Jane Howard
Roberta Derosier
Sean Perdue
Brent VanDeSype

ADMINISTRATION

ASSISTANTS

Debbie 
Amanda
Jenna
Crissy

RECEPTION

Brooke
Crystal
Krystal
Maria
Melissa

RESOURCE DEVELOPMENT

Tania H.

COMMUNITY OUTREACH

Juli
Raven
Jade H.

COUNSELLING

COORDINATOR

Rob

CEV PROGRAM

Allyson
Rhiannon


IVA PROGRAM

Alaina
Edna
Sarah C. 
Cassandra


FIP PROGRAM

Angela M.
Jody H.
Heather

FIP/IVA COUNSELLOR

Jolene M. 

BRIDGING THE DISTANCE

Macey
Dana 

INTAKE

Rob

RAPID ACCESS

Nikki
Larissa

FFS/EAP

Evan
Lisa
Skylar
Meighen

FIRST

Jolene
Mackenzie
Renee

FAMILY SUPPORT

COORDINATORS

Liz 
Kandyce
Jalissa

SUPPORT WORKERS

Alisa
Amanda
Ashley
Barb
Brenda S.
Cassandra
Christie
Donna
Hannah
Heidi
Kaitlyn
Karl
Kenda
Kennedy
Lisa
Lori
Lyse
Maria
Megan
Michele
Michelle
Roda
Serena
Shanleigh
Tania S.
Tanya S.
Tionna
Tracy

PRACTICUM STUDENTS

Kourtney
Lisa

OFFICE CLEANERS

Brenda
Raivyn
Crissy
Tania s.
Tanya s.
Roda

AMAZING SUPPORTERS

Diana
James
Wayne

ANNIVERSARIES

SARAH C (5 YEARS)

DANA (5 YEARS)

JOLENE M (5 YEARS)

LIZ (5 YEARS)

DEBBIE (10 YEARS)



A MESSAGE FROM CHRISTA

June 2022



Fifteen years ago my life changed forever. Each day employed at Envision was a humbling experience to say the least. From the clients, to the staff, to the colleagues, and the friendships I will cherish forever – know that you all have had a lasting impact on my life. It was my hope to be able to retire from Envision after 25 years of service but the universe had a different plan for me.

To you team Envision... “You were each unique with a drive to change the world with each footprint you leave in your path”.

Respectfully Submitted,
Christa Daku,
Former Executive Director



“Teamwork is the secret that makes common people achieve uncommon results.” - Yeanyi Enoch Onuoha

A MESSAGE FROM OUR DIRECTORS

June 2022

Envision Counselling & Support Centre is known for our limitless growth and adaptation and 2021-2022 was no exception. Reflecting on the past year we are filled with gratitude and appreciation for our Envision team. The year was filled with many challenges, including the unexpected departure of our Executive Director, Christa Daku halfway through the year. As always, with determination and much perseverance, Team Envision embraced the opportunity for growth and learning, proving their creative thinking skills and team-mentality could get through any storm presented.

With the nearest Domestic Violence Shelter (Transition House) being two hours away, we know and feel very strongly that the Southeast needs a safe place for families and their pets, that is close to work and school. Exploring the opportunity for creating a Transition House in SE Sask. is an integral part of our current Strategic Plan, and as such, we have started the very early stages of planning with the launch of our needs assessment survey. This survey will allow us to collect insight from those who are currently living in, or have experienced, intimate partner violence. It is our hope going forward to have concrete evidence of this need in the Southeast, that will support a capital fundraising campaign.

Our counselling programs have remained very busy this year. Our Interpersonal Violence and Abuse counselling remains at the heart of our organization, and supporting those affected by violence is what led us to apply for funding for a new program called Family Intervention Rapid Support Team (FIRST) which provides relentless outreach to support those in our communities at risk of being in violent relationships. This new program started up in Feb. 2022, right at the tail end of our fiscal year. In May, 2021 our Walk-In Counselling Program was rebranded with a new online booking system and a name change to Rapid Access Counselling (RAC). With the mandate of RAC being to eliminate barriers to counselling support, appointments may be booked in advance now, up to two weeks ahead of an appointment date.

We kicked off the year with the launch of our new online database system, CaseWorks. CaseWorks continues to be a work in progress as we continue to edit, make improvements and updates to reflect funder statistical requirements. Moving to a cloud based data management system has been a positive move in that we have been able to improve the accessibility of our files from all office locations, as well as increase the accuracy of our statistics.

Our community partnerships continue to be important to us. STOPS, PATHS, SASS, Family Service Saskatchewan, Weyburn Community Connections, and the Weyburn Community fundraising group, to name a few and our newest partnership with the Estevan United Way to facilitate the Estevan interagency meetings.

Another integral part of our Strategic Plan is to establish relationships with our First Nation's neighbours, and we are honoured to share that we are now providing support on the Pheasant Rump First Nation, Ocean Man First Nation, as well as through Jordan's Principle. We look forward to additional opportunities to partner with these communities.

Donor engagement continues to be a priority for Envision, with the annual partnership with the Estevan radio station, 50-50 for a Cause continues to be a successful initiative that provides our agency with public exposure, funds and promotion of our services. Our team enjoys connecting with our communities in a lighthearted event every year to spread awareness. We are ever thankful for our generous Sponsors and Donors that continue to demonstrate their support through monetary donations, as well as gift cards through our annual Gift Card Drive.

The efforts of our grant writing team were fruitful in securing additional funding from a variety of sources including the Ministry of Justice, Community Safety & Well-Being Branch, the Canadian Women's Foundation, the Community Initiatives Fund, the City of Estevan, the Law Foundation of Saskatchewan, and the United Ways of Regina and Estevan. We could not do the important work we do without this tremendous support. With every growth opportunity to fill service gaps in our area, we continue to be fortunate to obtain funds to sustain it.

With the change in Envision's leadership in the fall of 2021, the Board of Director's knowledge and expertise was a huge support throughout the transition. It has been such an honor to work with the Board, and it is difficult to say goodbye to our departing Chair, Tana Cugnet, who has been so helpful over the past 9 months.

We would be remiss not to express our gratitude to all employees and contract supports. Every single person holds a substantial role in ensuring that we are operating successfully, and being witness to the hard work and efforts put in by all was awe-inspiring. Thank you so much for believing in our cause, your commitment to the organization, and supporting the many people who have needed counselling and support throughout 2021-2022.

**SHELTER NEEDS
ASSESSMENT
SURVEY CODE:**



*Respectfully Submitteld,
Lynda Rideout & Laura Melle,
Executive Director &
Assistant Executive Director*

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader. - John Quincy Adams"

CHAIRPERSON REPORT



As Envision Counseling and Support Centre continues to grow we reflect on this year's accomplishments and challenges. This was a year of changes for us and we were up to the challenge!

As in previous years, our Board has a few changes too. I am completing my 6th year of board service and am retiring from the board this year. I am proud of the work our board has done in those six years and I was fortunate to work with so many knowledgeable and dedicated board members. I leave knowing the board is rich with skills and experience to see it forward. We welcome two new board members this year, Sarah Satre and Desiree Bouvier, who will be a great addition!

Our board met virtually for most of the year and we were happy to be able to meet in person more recently. We have learned to be flexible and I appreciate the efforts of all board members to be engaged and present at our meetings. Last year we created a new Strategic Plan and this year we focused on implementing that plan. One job in particular that we are tackling is updating our policies and by-laws. We made some progress towards this and will continue to work on it in the next year as it is a big undertaking.

The biggest challenge for the board this year was seeing Envision through the transition to a new Executive Director. Our ED, Christa Daku, who I've had the honor to work closely with for the past six years, had to step away from her position due to health reasons. It was difficult for all of us at Envision to see such a driving force leave and Christa's contributions to our organization can be felt everywhere. One of the most important of these is her management of staff at Envision and in particular her close working relationship with Lynda Rideout, our AED. The combination of Christa's succession planning and Lynda's capabilities allowed Lynda to cover Christa's responsibilities and step into the role of Executive Director. The flexibility and deep skill set of Lynda and her supporting staff during this time was amazing. I am personally grateful to them all for going above and beyond during a difficult time.

Shifting roles and responsibilities as well as staffing changes were numerous this year. Our team rose to those challenges while navigating the Covid restrictions that changed often. They made the health and well being of their co-workers and clients a priority and we appreciate their patience with the process.

Some exciting program highlights from this year are that we received core funding from the Ministry of Justice for our new Family Intervention Support Team (FIRST Program). We also signed an agreement to provide Counseling services on Pheasant Rump First Nation. Our visibility in the communities we serve continues to grow and I expect more exciting programming opportunities in the years to come.

Our funders are the ones who make those opportunities happen. A huge thank you to the Ministry of Social Services and the Ministry of Justice as well as the numerous individuals and organizations who have donated to Envision. The generosity of individuals and funders is key to our success.

On a personal note, it has been a very humbling and rewarding experience to work with the Board, Management and Staff at Envision. Envision Counseling and Support Centre is positioned well to continue growing and serving our SE Sask. communities. I look forward to seeing what they will accomplish in the coming years!

Respectfully Submitted,
Tana Cugnet,
Chairperson

Treasurer Report

This past year has been one for the history books with the pandemic with the increased necessity of service and the requirement to serve more people remotely. The organization runs twelve separate programs funded by 20 sources. and as the demand and cost to provide services has grown and within two programs, we ran a deficit. In the end assets were up 30% due many factors, the most notable two are the transfers to grow the reserves to ensure stability for our organization and the additional funding from the federal government programs for Pandemic Relief. Government programs such as the Canadian Employment Wage Subsidy (CEWS) and Canadian Rent Subsidy (CRS) contributed 12.7% of total income to our organization. Employee benefits were up this year by 5.4% and salaries up by 3.9%, these increases were impacted by additional staff, staff rollover and increases in benefit costs. Software purchases were up last year, and no purchases were made in the past year although amortization cost was increased to reflect the past purchases.

Over the past year the Finance Committee recommended decisions to the board including review of the committee charter, the change of Financial Service provider, recommendation to ensure three months operating funds in reserve, review of salary grids and benefits, budget review and approval, and review of detailed financial statements.

All in all, this has been another big year for us! One of the cornerstones of our success in the financial operations is that we continue to have excellent relationships with our core funders such as the Ministry of Justice and the Ministry of Social Services and the United Way. We are grateful for our donors, sponsors and benefactors who have supported us during our growth and for the community support we continue to receive.

Another cornerstone to success is our staff. We appreciate and depend on all management and staff. Over the past year we have seen several staff stepping into roles that were new to them, learning finance, budgeting, grant writing and others that stepped into their positions and begin to learn these functions as a backup.

They should be commended for their hard work and dedication. Thank you for making this all possible.

Respectfully Submitted,
Ann Favreau,
Treasurer/Financial Committee Chair

*Finance/Audit/Risk Committee
members include
Ann Favreau (Chair),
Lana Perrault, and Sean Perdue.*



NOMINATING COMMITTEE REPORT

The Nominating Committee is one of the most important Board Committees because the Board performs the most essential duties of the organization they serve. The Board bears the responsibility for providing oversight and strategic planning for the organization with the necessary due diligence.

The Nominating Committee's Mission is to actively recruit new board members and to plan for the succession of retiring board members. The committee works towards composing a diverse board with necessary skills to serve the organization.

At last years AGM we said goodbye to Brian Pilloud and welcomed Sean Purdue and Brent VanDeSype to the Board. This June 2022 AGM, we are sad to bid our farewell to our chair Tana Cugnet and send her our wishes of gratitude and best of luck at the same time also glad to welcome new members to the board Sarah Satre and Desiree Bouvier. The Chair Report includes this year's outgoing and incoming members.

This year our committee discussed steps that we can take to create and maintain a well-balanced board, in terms of skills, degree of interest and leadership position with representation from multiple areas in the Southeast. We reached out to Indigenous Bands in the Southeast Area with a letter inviting them to learn more about our organization and for their members to join our Board. We advertised for new board members on our social media and created press releases to try and reach the rural areas as well as our main centres. In addition to these steps, we also discussed ways that we can attract applicants, update our recruitment & nomination processes and revisited and revised documents like our application form to create a fair and unbiased application process. Our committee meetings were held mostly via zoom this year.

We look forward to working together in 2022/2023! We, the Nominating Committee will seek to continue assessing our boards needs, performs our duties with a commitment to security and confidentiality and to constantly find ways to improve our processes for Board recruitment and retention.

Respectfully Submitted,
Aimee Haralson
Nominating Committee Chair

Nominating Committee members include
Aimee Haralson (Chair),
Tana Cugnet,
Brent VanDeSype,
Roberta Derosier.



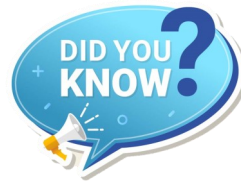
STATISTICS Overview

2021 - 2022



CLIENT & PRESENTATION REACH ACROSS THE SOUTHEAST

The area outlined in **RED** represents Envision's geographical area which spans **28,700 square kilometers** with a total population in excess of **52,000 individuals**.



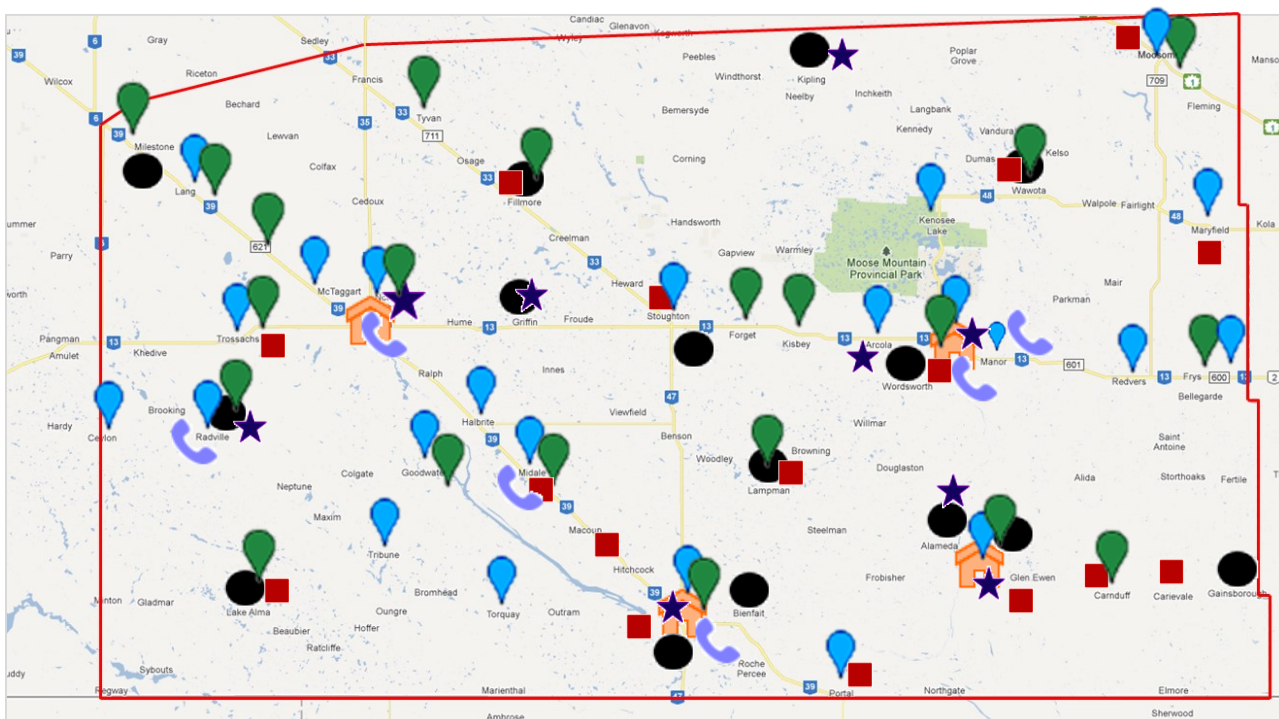
ENVISION STAFF DROVE A TOTAL OF **174,523 KILOMETERS** IN 2021-2022.



Legend

	Children Exposed to Violence Program	67
	Family Intervention Program	699
	Interpersonal Violence and Abuse Program	448
	Bridging the Distance Program	74
	Family Support Program	341
	Presentations <i>(Including Online Views)</i>	1094
	Office Locations	4

Total



CLIENT TESTIMONIALS

I appreciate your support and guidance through one of the most trying times I've ever been through. I continue to use the tools and skills you've taught me as they've proven to be of great help.



– Counselling Client

I'm not sure where I would be today without Envision counselling. I sought out support because I was at my very lowest. Life was throwing me curveballs that I just couldn't handle on my own. I reached out and was put through to a counsellor to match my needs almost immediately. Between the long lasting effects of Covid, the detrimental effect it's had on personal relationships and the divide it's caused... not to mention the stresses of everyday life; Envision is something that I recommend to anyone who's experienced grief, trauma, anxiety, depression, suicidal thoughts, etc. I have referred many people and will continue to do so as I believe that an investment in mental health is absolutely necessary to thrive and be successful in this wild world we call life. Huge thank you to those at envision counselling. I am who I am today because of the support I received.



– Counselling Client

I have seen many psychologists and psychiatrists. I have been to a life coach and a rehabilitation centre. I have tried all kinds of therapy and medication. Finally after two decades I am using the right medication which is the weakest kind and the right kind of therapy. I feel empowered and in control of my life. I was diagnosed with PTSD so learning coping mechanisms and finding healthier ways to approach my daily life has been the focus at my counselling session. I have found a safe space where I can share my feelings and fears. Envision and its councilors are incredible at what they do. I wish they could exist in every country around the world. After two decades of searching for help, I have finally found my place.



– Counselling Client

I've been seeing Envision Counselling Services for just over a year. I believe that sometimes I need help to overcome my alcoholism and all of the problems I created while in active addiction. I am 11 months sober today and have seen my relationships with family and friends steadily improve. Seeing a counsellor isn't a "get out of jail free" card. It is professional advice, tools, and a confidante to help me monitor and work towards solving some of my problems. It takes work and effort on my part but they've provided me with a map and the tools needed to address the things I need to take care of and a way to evaluate the progress I'm making. Envision is able to provide me with the help and direction I need.



– Counselling Client

INTERPERSONAL VIOLENCE & ABUSE PROGRAM STATISTICS



OUR IVA PROGRAM SAW **448** CLIENTS THIS FISCAL YEAR.

SASKATCHEWAN STATISTICS

Sexual assault is nearly **3.5x higher** & more violent for **Indigenous women** than non-Indigenous women & girls. **2SLGBTQ+** persons experience **rates of violence** almost **50% greater** than those identifying as heterosexual.

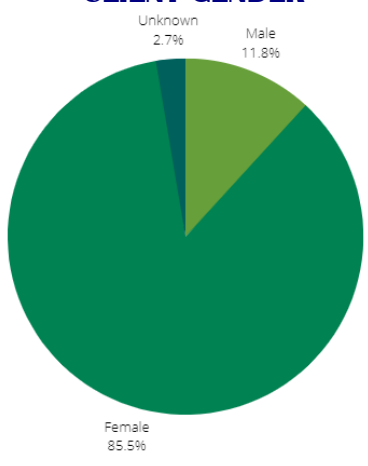
Source: www.sasssk.ca

OUR IVA PROGRAM PROVIDED OVER

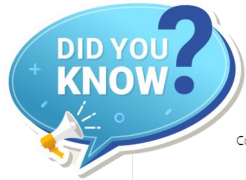
1500

TOTAL SESSIONS DURING THE 2021-2022 FISCAL YEAR

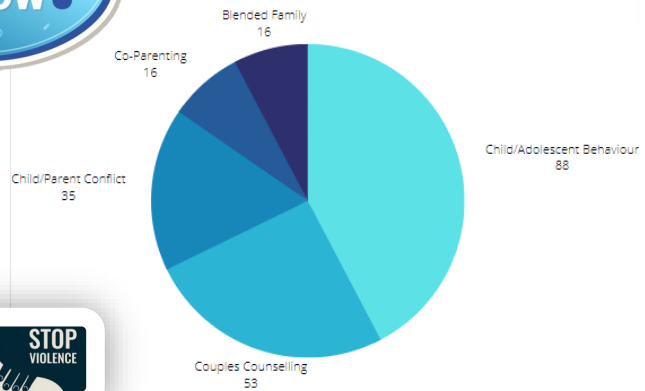
CLIENT GENDER



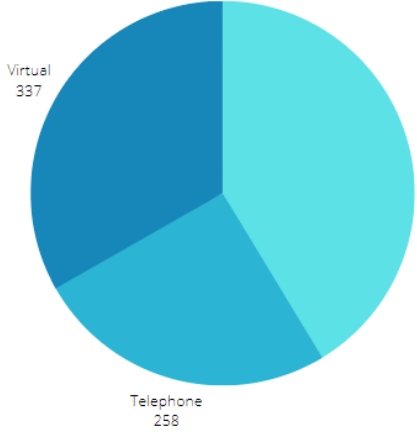
FAMILY INTERVENTION PROGRAM STATISTICS



337 FIP SESSIONS WERE DONE VIRTUALLY THIS YEAR.



PRESENTING ISSUE

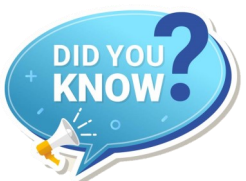


SESSION TYPE

OUR FIP PROGRAM SAW **699** CLIENTS THIS FISCAL YEAR.



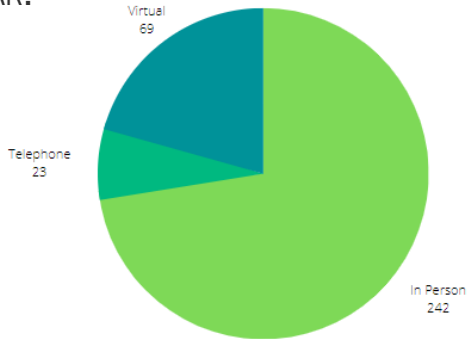
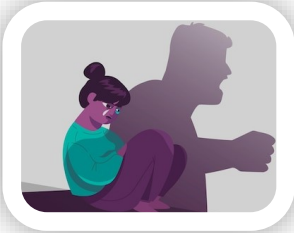
CHILDREN EXPOSED TO VIOLENCE PROGRAM STATISTICS



68% OF CEV CLIENTS SEEK SUPPORT FOR FAMILY VIOLENCE RELATED ISSUES.

A TOTAL OF **334** CEV SESSIONS WERE PROVIDED DURING THE 2021-2022 FISCAL YEAR.

OUR CEV PROGRAM SAW **67** CLIENTS THIS FISCAL YEAR.



SESSION TYPE

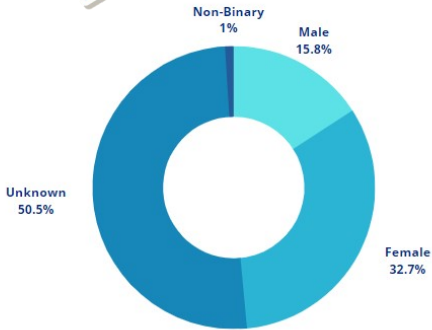
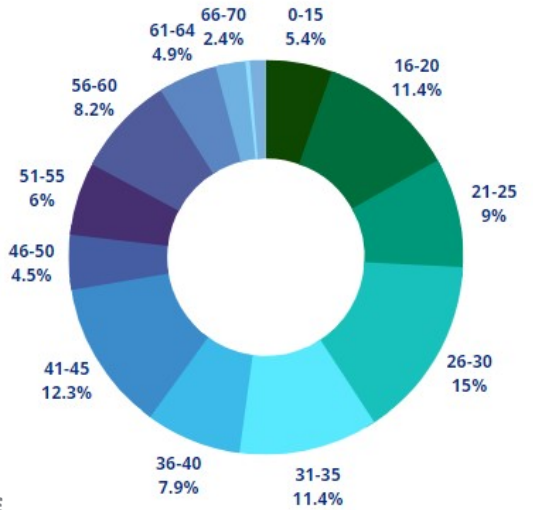
RAPID ACCESS COUNSELLING STATISTICS



A TOTAL OF **535** CLIENTS WERE SEEN IN THE 2021-22 FISCAL YEAR.



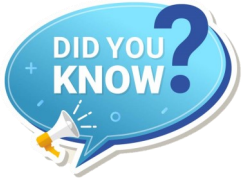
PARTNERED WITH:
FAMILY SERVICE
SASKATCHEWAN



CLIENT GENDER

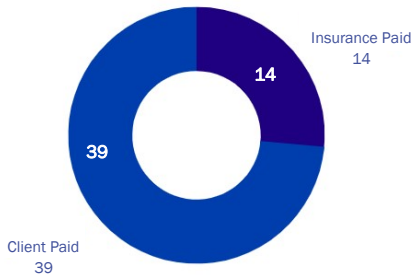
CLIENT AGE

FEE FOR SERVICE COUNSELLING STATISTICS

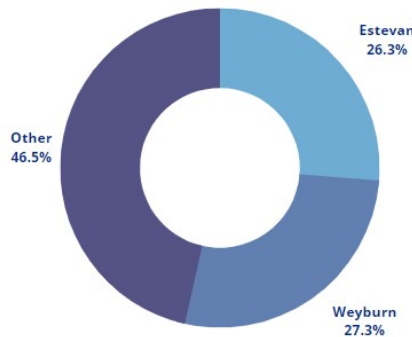


OUR COUNSELLORS SUPPORTED CLIENTS IN **81** TOTAL SESSIONS THIS YEAR.

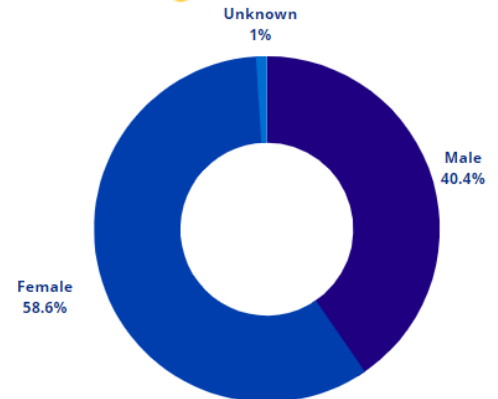
THIS YEAR, OUR COUNSELLORS SAW **53** CLIENTS.



FEES

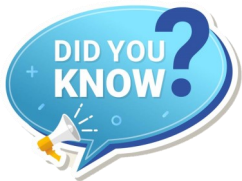


CLIENT LOCATION



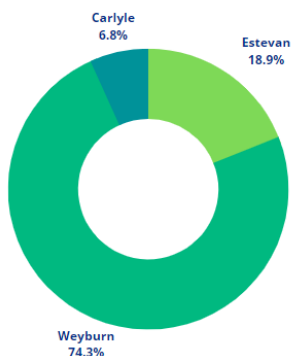
CLIENT GENDER

BRIDGING THE DISTANCE STATISTICS

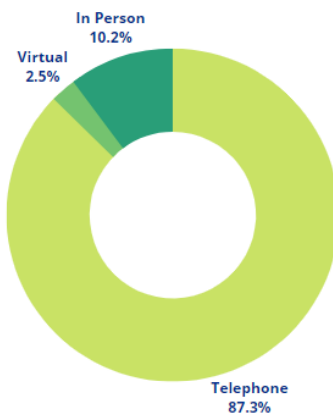


THERE WERE **279** SESSIONS WITH SENIORS THROUGHOUT THE FISCAL YEAR.

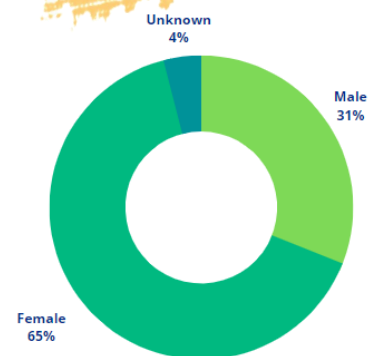
GRIEF & LOSS WAS THE MOST COMMON SECONDARY PRESENTING ISSUE.



CLIENT LOCATION

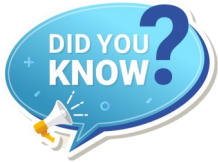


SESSION TYPE



CLIENT GENDER

FAMILY SUPPORT PROGRAM STATISTICS AND FUN FACTS

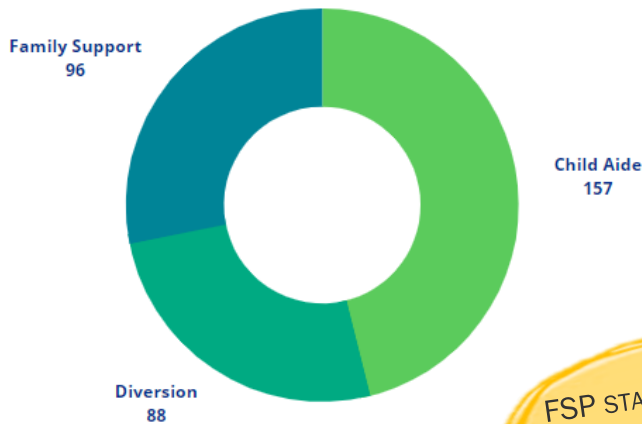


FSP STAFF DROVE A TOTAL OF **119 599**
KILOMETERS IN THE 2021-2022
FISCAL YEAR.



CONTRACT HOURS

NUMBER OF CONTRACTS



FSP STAFF SUPPORTED CLIENTS
IN OVER 18 COMMUNITIES
THROUGHOUT THE SOUTHEAST.



FSP STAFF MADE **2637**
PHONE CALLS TO
CLIENTS.

HIGHLIGHTS OF THE FAMILY SUPPORT PROGRAM

HONOURED TO PROVIDE CONTRACT
SERVICES FOR THE FIRST TIME FOR THE
NATIONAL JORDAN'S PRINCIPLE PROGRAM
SUPPORTING INDIGENOUS
CHILDREN.

TEAM IS VERY FLEXIBLE AND
CREATIVE TO MEET VARIETY OF
DIVERSE CLIENT NEEDS.

MODIFIED APPOINTMENTS TO MEET
CONTRACT GOALS
THROUGHOUT THE COVID-19
PANDEMIC AND SOCIAL
DISTANCING REQUIREMENTS.

BRAVING INTENSE WINTER WEATHER
TO ENSURE FAMILY VISITATIONS
AND APPOINTMENTS COULD OCCUR.

WONDERFUL PROFESSIONAL
WORKING RELATIONSHIPS WITH
OUR REFERRING AGENCIES.

INCREASED # OF MENTORING
CONTRACTS FOR YOUTH.

FIRST YEAR OFFERING AN ONLINE
VIRTUAL PARENTING GROUP.

PRESENTATION STATISTICS

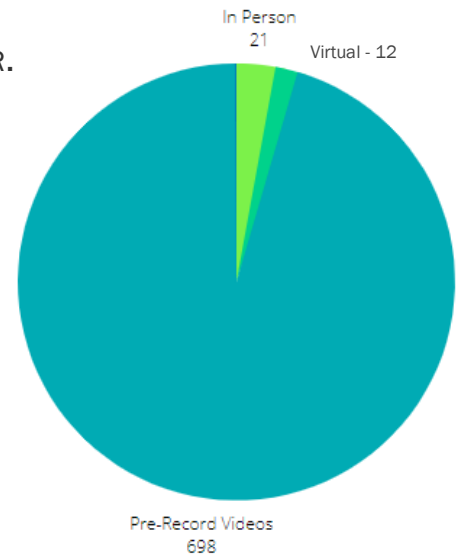


OUR EDUCATOR PROVIDED **21** IN PERSON SCHOOL PRESENTATIONS DURING THE 2021-2022 FISCAL YEAR.

OUR PRE-RECORDED YOUTUBE VIDEOS WERE THE MOST POPULAR, WITH **698** VIEWS.

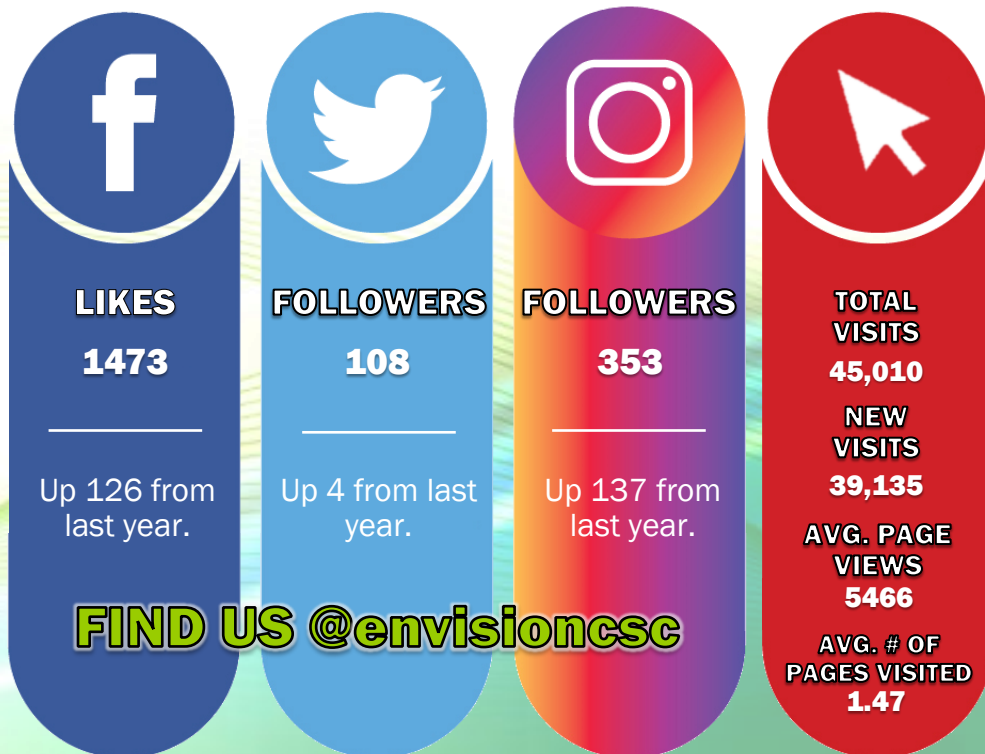
TOP 3 PRESENTATION TOPICS:

1. TYPES OF ABUSE
2. GENDER STEREOTYPES
3. UNHEALTHY RELATIONSHIPS



SOCIAL MEDIA STATS

FACEBOOK | TWITTER | INSTAGRAM | WEBSITE



COMMUNITY OUTREACH ACROSS THE SOUTHEAST

WELLNESS DAY



COMMUNITHON



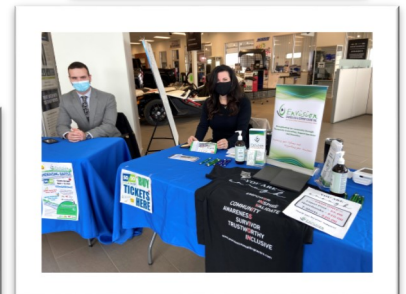
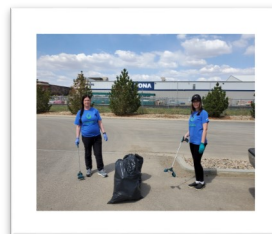
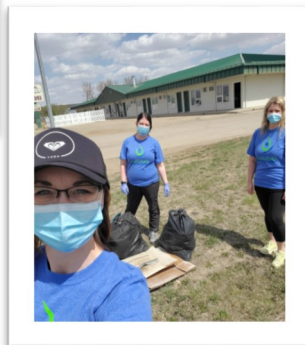
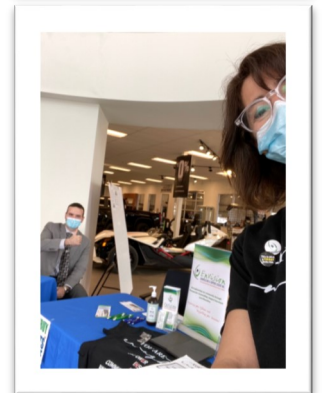
50/50 FOR A CAUSE



DAY OF CARING AND WEY-CLEAN WEEK



COFFEE WITH THE CHAMBER



TO MAKE A DIFFERENCE IN SOMEONE'S LIFE YOU DON'T HAVE
TO BE BRILLIANT, RICH, BEAUTIFUL OR PERFECT.
YOU JUST HAVE TO CARE.

-MANDY HALE



*Every accomplishment
starts with
the decision to try.*





Envision is a non-profit, community-based organization governed by a volunteer Board of Directors from Southeast Saskatchewan.

Envision helps individuals, families and couples embrace healthy choices to feel empowered, by providing therapeutic counselling, support, in-home services, groups, workshops and education.

Estevan Office	Weyburn Office	Carlyle Office	Oxbow Office
Box 511	120-3 rd Street S	Box 1017	Box 511
Estevan, SK, S4A 2A5	Weyburn, SK, S4H 2C2	Carlyle, SK, S0C 0R0	Estevan, SK, S4A 2A5
P: 306-637-4004	P: 306-842-8821	P: 306-453-2405	P: 306-483-5555
F: 306-634-4229	F: 306-842-8815	F: 306-453-2407	F: 306-634-4229
info@envisioncounsellingcentre.com			

We do not subscribe to call display. Collect calls accepted.

Exploring your Options. Supporting your Decisions.



www.envisioncounsellingcentre.com

Envision receives funding from the Ministry of Justice, Ministry of Social Services, United Way of Estevan, United Way Regina and the community.

Donations from private groups, organizations, corporations or individuals are gratefully accepted to assist Envision in serving communities in Southeast Saskatchewan.

