

Helpful Resources	Phone Number
Family Centres Meeting place for families to support children and parents.	Estevan 306-634-7233 Weyburn 306-842-7477
Legal Information Shares general information about the law, the legal system, and your rights.	Pro Bono Law 1-855-833-7257 Family Law Info Centre 1-888-218-2822 Legal Aid 1-877-424-1903
Mental Health Office Offers information or counselling on depression, stress, and mental health issues.	Estevan 306-637-3610 Weyburn 306-842-8665 Toll Free 1-800-216-7689
Public Health Promotes and preserves the health and well being of the community. Provides pre and post natal care, child health, immunization services, community, and school services.	Estevan 306-637-3610 Weyburn 306-842-8665 Carlyle 306-453-6131
Salvation Army Offers practical assistance for children and families, often tending to the basic necessities of life.	Estevan 306-634-2074 Weyburn 306-842-7891
Social Services Works with citizens as they build better lives for themselves through economic independence, strong families, and strong community organizations.	Estevan 306-637-4550 Weyburn 306-848-2404



Envision is a non-profit, community-based organization governed by a volunteer Board of Directors from Southeast Saskatchewan.

Envision helps individuals, families and couples embrace healthy choices to feel empowered, by providing therapeutic counselling, support, in-home services, groups, workshops and education.

Estevan Office
Box 511
Estevan, SK
S4A 2A5
P: 306-637-4004
F: 306-634-4229

Weyburn Office
120 3rd St. S.
Weyburn, SK
S4H 2C2
P: 306-842-8821
F: 306-634-4229

Carlyle Office
Box 1017
Carlyle, SK
S0C 0R0
P: 306-453-2405
F: 306-634-4229

Oxbow Office: 306-483-5555

info@envisioncounsellingcentre.com

We do not subscribe to call display. Collect calls accepted.

Envision receives funding from the Ministry of Justice, Ministry of Social Services, United Way of Estevan, United Way Regina and the community.



Donations from private groups, organizations, corporations, or individuals are gratefully accepted to assist Envision in serving communities in Southeast Saskatchewan.



www.envisioncounsellingcentre.com

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Serving Southeast Saskatchewan since 1994

Voluntary Parenting Support Diversion Program



Support Services for Families with Children

Exploring your options and supporting your decisions.

Program Overview

It is Envision's belief that when families are given support, education, and resources, they are able to recognize and build on their strengths. The emphasis is on maintaining the family unit by providing supportive services that strengthen the entire family. Services are intended to be time-limited and outcome focused.

This program supports the healthy development of families and children so they may achieve their full potential.

The Diversion Program is free of charge. Referrals to this program come directly from the family seeking support, and other human service agencies or community based services.



“Feelings of worth can flourish only in an atmosphere where individual differences are appreciated, mistakes are tolerated, communication is open, and rules are flexible - the kind of atmosphere that is found in a nurturing family.”

Virginia Satir

Strength-Based Supports

All families can understand and relate to the stress that is involved with raising children. This program is designed to assist with these common family struggles. One-on-one support is provided in the client's home in a respectful, non-threatening manner during traditional and non-traditional office hours.



The role of the Family Support Worker is to assist families in identifying their strengths, stresses, skills, and risk areas. These areas may include parenting skills, household management, or organizational and daily living skills

The role of the family is to maintain a positive working relationship with their Family Support Worker and agencies helping them meet their goals. This can be achieved through open communication, respect, and meeting on a regular basis. Goals are set with the family and reviewed every three months.

Parents Will Learn

- Age appropriate expectations
- Understanding of child development
- Parenting support
- Appropriate discipline techniques
- Knowledge around budgeting
- Increased household tasks and organizational skills
- Connection to community supports
- Improved communication skills
- Consistent routine and structure in the home
- Self-care strategies
- Healthy relationship awareness

If you and your family would like to increase your skills and self-confidence in any of the areas mentioned, please call the office nearest you and ask about the Diversion Program.

